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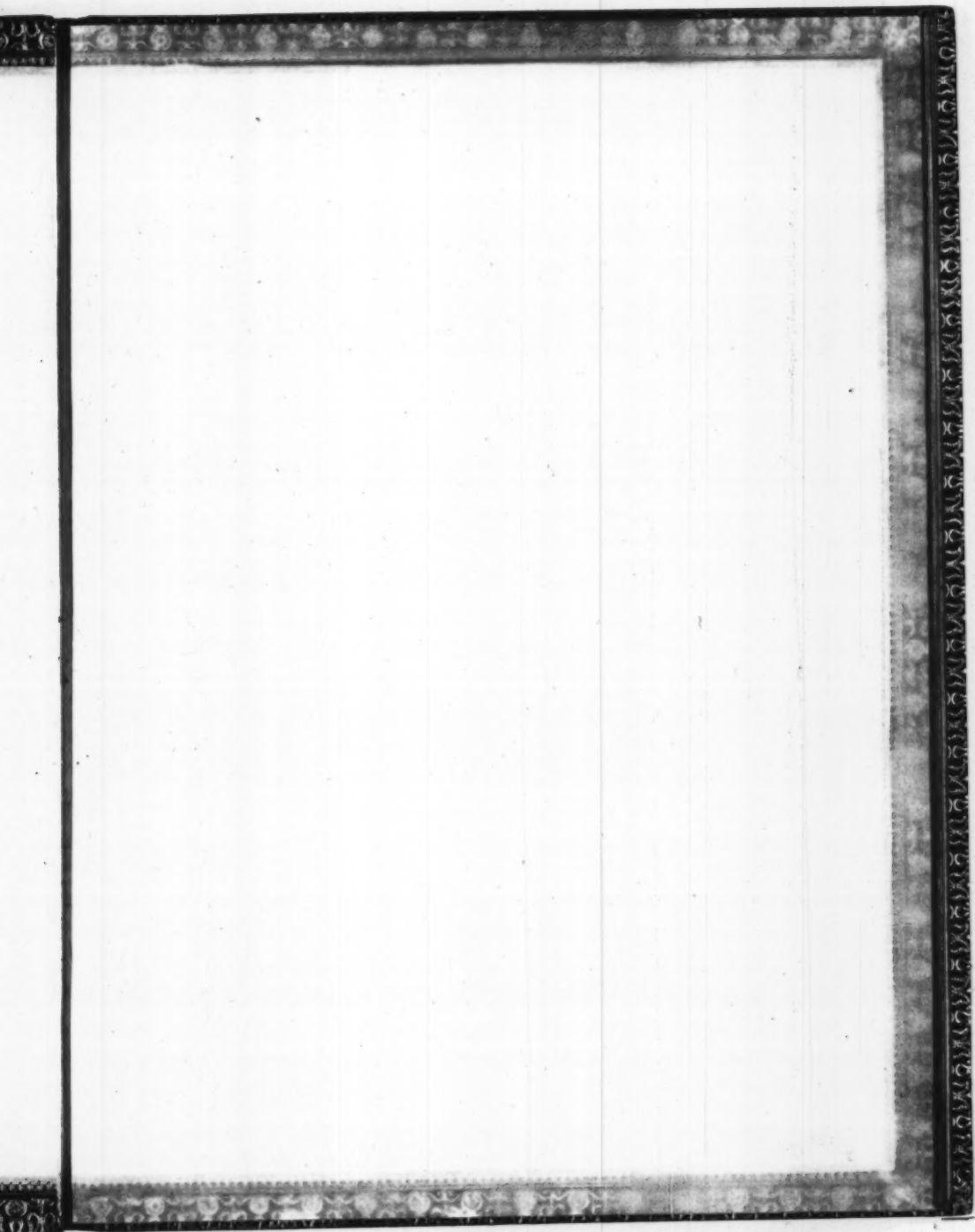


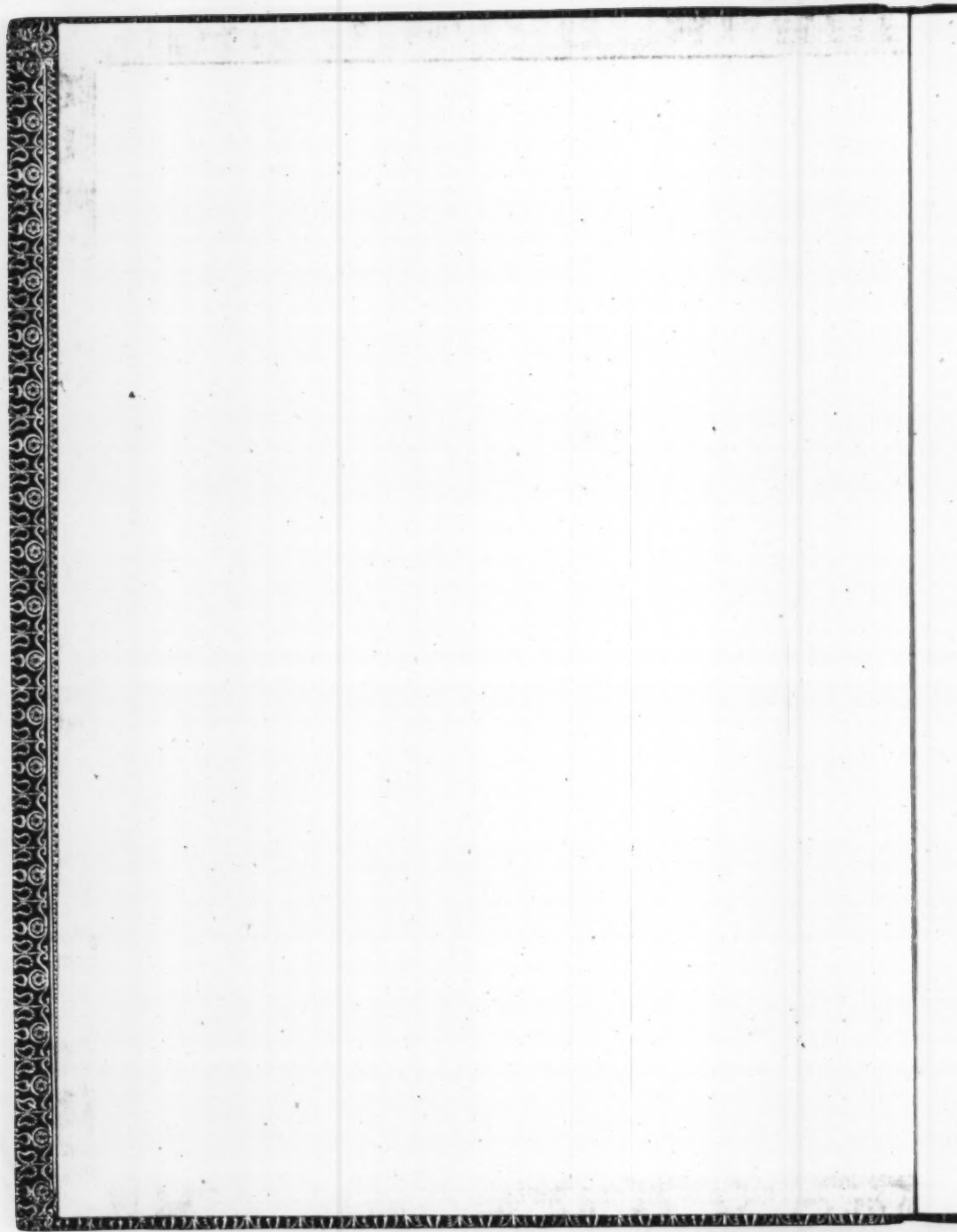
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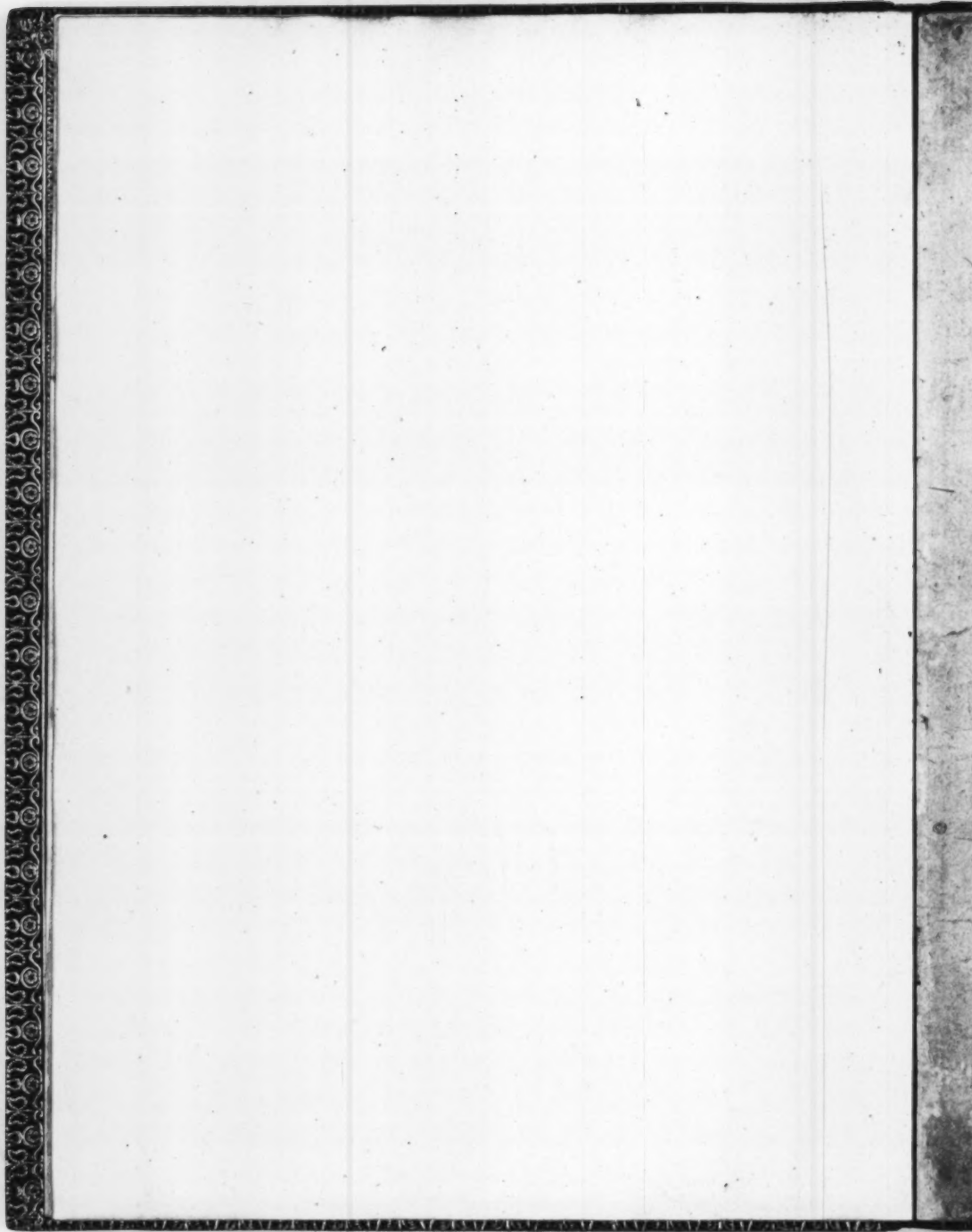
7-VI-1912





STC 4304

L. O. C



**An Hospitall for the
diseased.**

Wherein are to bee founde moſte excellent and approved
Medicines, aswell Emplaſters of ſpeciall vertue,
as alſo notable Potions or Drinckes, and o-
ther comfortable Receiptes, bothe for
the Reſtitution and the Pre-
ſervation of bodily
health.

Very neceſſary for this tyme of common Plague
and immortallitie, and for other tymes
when occaſion ſhall require.

With a newe addition.

Gathered by T. C.



ECCLIAS

The Lorde hath created medicine of the earth,
and he that is wiſe will not abhorre it.

I Imprinted at London for Edward

White, at the little Northdoore of S. Dun-
ſton Church, at the ſigne of the Sun,
and are there to bee ſolde.

1579.

To all suche Readers as haue care of
their bodylie health.



Howe prouident a Patrone, and
bountifull a father, the Lorde of life
is vnto vs vnthankfull and rebelli-
ous children, his manifold bene-
fices, doe testifie: Yea, the continu-
aunce of his kinde is herein prin-
cipally declared. For whereas our
owne naturall corruption, woorketh daylie in vs the ba-
nishment out of his fauoure, and the danger of reprobation:
He notwithstanding, in consideration of our weak-
nesse, with draweth not his compassion from vs, but in
all our necessities, reachyng out his helppng hande vnto
vs, is most readie (as he is alwaies able) to plucke vs out
of the pitte of perdition, whereinto the hainousnesse of
our transgressions (as it were with a gable,) haleth vs
perforce. O gracious God, howe shall sinners worthily
aduance the excellencie of thy loue? And shal giue them
quharre to conceiue thy kindnesse? Whence shall they
haue utterance to sounde out thy mercie? Of themselves
(because they are vesselles of wrath) they cannot com-
passe to perfect a worke: thou therefore whiche art the
perpetuall spring of all goodnesse, giue it them: O giue
it them, and they shall haue it: yea and in the hauing of it,
they shall magnifie thy name; extoll thy power, and mar-
uaile at thy mercie. Where is one, among thousande
thousandes, that looking vppon the Heauens, moste glo-
riously beautified: vppon the earth, moste plentifully en-
riched, vppon the frame of his owne bodie, moste Ange-
lically created: but shall of compassion acknowledge the
omnipotencie of God, and confesse the vniueasurabile
greatnesse of his goodnesse, and loue towarde man? The
Heauen, to maintaine life and light: the Earth, to suc-
coure and sustaine Nature: all creatures, sluyng in lande

To the Reader.

or water; to supple his wantes: nothing to bee reckoned and named, whiche he hath not moſte liberally giuen vnto man, as appointyng hym Lorde and ſoueraigne, but them his veſſelles and ſeruauntes. Againſt hunger, leaſte thou ſhouldeſt famiſhe, hee hath provided nourishment. Againſt thirſte, leaſte thou ſhouldeſt periſhe, he hath ordeyned ſuauitie Liquours; Againſt colde, leaſte thou ſhouldeſt dye in thy nakedneſſe, hee hath giuen thee cloathing. And what hath he doen beſide? Hath he not hadde ſpeciall regarde to thy condition and eſtate: I meane to the health of thy bodie, and the ſaferie of thy ſoule? Yes; yes: and that is evidently proued by the manifold remedies whiche hee hath prepared to reſtore thee to ſoundneſſe of limme and life, and by the free courſe of the pearle of his Goſpell, which is the Iewel of all Chriſtian ioye. In conſideration of theſe ſo manie good graces of God, what doth Chriſtian dutie require? (I ſpeake to all, vnto whoſe betwe and cenſure this preface ſhall bee preſented.) Lette them take the ſweete Sacrifice of thankfullneſſe; and burne the ſame vppon the Alter of an humble harte, that the redolent and perfumed incenſe of the ſame aſcendyng vppon into Heauen, maie ſmell ſweete in his noſtriles, whoſe ſpeciall delighte is in ſuche a ſublime offering and oblation. Thus muche haue I ſaid by waie of aduertilement, vppon occaſion of this preſente booke, whoſe benefittes as they are diuers, ſo are they ſingular: and in them all is Gods goodneſſe highly commended. Note my wordes, and then iudge of the value and worthineſſe of the booke. Art thou diſeaſed in thy heade? Art thou greeued in thy harte? Arte thou payned with ache? Art thou tormented with a feuer? Art thou wounded? Arte thou troubled with any ykeſome ſoye? Doeth thy ſight faile? Doeth thy hearing waxe weaker? Doeth thy
pauſe

To the Reader.

youth weare awaie: Doth age creepe on a pace: Finally, doest thou feele thy selfe infected with the popson of the Plague and Pestilence: Then delaie no tyme, but with a small price buy a gemme worth golde, (this booke I meane) whiche though it be little in quantitie, yet it is greace in qualitie and vertue. Here (as in a cunning Apothecaries shoppe) are receiptes of sundrie soyes prouided, wherewith the rage of any soye maie bee mitigated, the nippingg smarte of any vlcere or wounde asswaged, the venome of any maladie expelled: and the perfection of health restored. Thus muche in breife, by a souden blishe iudge of the rest, esteeme it as it is, a necessarie implemente for any housholder, yea in the nexte degrees to our dayly foode and nourishment to bee esteemed. Thanke God for it, and vse it in thy neede. Here thou hast succour to serue thee in thy sicknesse.

Thus farewell in Christe. T. C.



An hospitall for the diseased.

1

A preservative against the Plague.



Take a handefull of Sage, a handefull of hearbe Grace, or therwise called Rew, a handefull of Elder leaues, a handefull of redde Bramble leaues, and stampe them togeather, and strayne theim through a clothe with a quartre of whie Wine: then take a quantitie of Ginger, and mingle with them altogether, and drinke thereof euening and moorning, a sponesfull nine daies togeather.

For the partie infected with the Plague.

If it doe fortune one to bee sicke of the Plague before he haue drounke the foresaied medicine, then take the water of Scabious a sponesfull, water of Betany like muche, and a quantitie of fine Treacle, putte it together, and drinke it, and it will expell all the venome.

A medicine to breake the Botch.

If it fortune the Botche to appeare, then take Brastle leaues, Elder leaues, Mustarde seebe, and stampe them all together, and then take of it and make a plaster and laie it to the soze, and it will drawe oute all the venome.

A medicine for the Plague.

Take

Take

Take three slippes of hearbe Grace and five spoonefulls of vineger, and beate the same together, then straine the iuice out thereof, and putte thereto one vnce of fine Treacle, and one ounce of Sugar, and sturre it together, then sette it ouer the fire, and make thereof a Syrope, and putte it in a bore close. Then take a Sage leafe, and euery morning fastyng spreade as muche as a Beane thereof vpon the same leafe, and so eate it. And if hee that taketh it bee infected, it will dylue it from his hearte, and if the partie that taketh it euening and morning bee not infected, it will preserue hym within foure and twentie houres after.

A playster to drawe the soze.

Take one spoonefull of Honnie, the iuice of spurge, two spoonefulls and a halfe of wheten flower, a good quantitie, and one spoonefull of Turpentine, and temper these together, without fire, and make of the same a playster, and laie it to the soze, chaungyng it at euery foure and twentie houres.

A good medicine against the plauge approued.

Nonght other excellence and approued medicines, for the Pestilence, there is none more worthy and auailable when the soze dothe apperre, then to take a Cocke pullet or Chicken, and let the feathers of the tayle of highest parte be plucked off till the rumpe bee bare, then holde the saied bare of the pullet to the soze, and the pullet will gape and labour for life,

for the diseased

and in the ende will die: then haue an other Bullet, and doe the like to the patiente, and if that die, yet still applie the patient with Bullets, so long as any doe die: for when the Poyson by the saied Chickens is drawen forth, the saied Chickens that bee offered therevnto will liue, then the soze presently will swage, and the partie forthwith recouereth: this medicine is necessarie to diue the venome from the hearte.

*A soveraigne drinke against
the Pestilence.*

Take one vnce of Sorrell water, and as muche Dragon water, a dragma of Treacle, and putte thereto a dragma and a halfe of powder imperiall, and geue it to the patient with Ale within foure and twentie houres after he is infected, and he shall with Goddes grace escape and doe well.

*A playster to drawe a hed to the sore of
the plague, and to breake it.*

Take two Lyllie rootes, one handfull of sotwer dovie, two handfulls of Pallowes, one handfull of linseede, stampe al these together small, and boyle it in a quarte of the lees of wine till it be thicke, then laie it an inch thicke vpon leather, broder then the soze, and let the borders of the leather bee plastered with waxe, to make it cleaue, it shal bring out the botch in xii. houres and breake it shortly.

*A medicine that was taught King Henrie
the eighth by his Physitian, to
gainst the pestilence.*

B.ij.

Take

An hospitall

Take halfe a handefull of Relwe, likewise of
Handragories, Fetherfewe, Soyrell, Bur-
net, and a quantitie of the croppes and rootes
of Dragones, washe theim cleane, and seeth
them with a softte fire in rumping water, from a pottle
to a quarte, and then straine them together through a
cleane cloath, and if it be bitter, putte thereto a quantitie
of Sugar Candie, or of other Sugar, and if this medi-
cine bee vsed befoze the purples doe arise, ye shall be hole
by Gods grace.

*A medicine to be dronke suspectyng any to
haue the Plague.*

Take a greate Onion, and the coze being taken
out, fill the same full of good Treacle of Gene,
and wrappe the same in a Paper, and roste it
till it bee softte, then strayne the same with a
little White Vineger, and beyng tempered with a quan-
titie of Sugar, giue the patiente to drinke two spoone-
fulles saltynge, and if the patiente bee infected with the
Plague, you shall perceiue the appearance thereof, with-
in five houres after the receipt of the same drinke.

*Also for the vsuall drinke of euery patient
beyng so infected.*

Take of Rosemarie the quantitie of eight or nine
croppes, then take of Parigoldes beyng holumed
within, of Burnet, and of Burrage every one a
handefull thereof, let them bee sodde in a quarte of stale
Ale clarified, then putte into it a custe of breadye, a little
whole Pace, and a quantitie of Sugar, and lette hym
drinke the same at all times during his sicknesse, and put
Pymprenell

for the diseased

Pympynell in his bzoath.

*Also an other drinke to be taken every morning,
for a preseruatiue against the Plague, and
for the auoidyng of infection.*

Take Sauery the quantitie of a handfull, and boyle
the same in a quarte of good Wine vinegar, with
a spoonefull of Graines beyng beaten, and put in
to the same: then drinke the same with a quantitie of Su-
gar, every morning fastyng.

A good medicine against the Plague.

Take of Betonie water the quantitie of three spoone-
fulles, of good Wine Vineger, the quantitie of
three spoonefulles, and the quantitie of a Nut-
megge of good Treacle of Gene, or els the quantitie of a
Hassell Nutte of Petridatum, beyng all mixed together,
take it in the begimnyng of your sicknesse.

For the Plague.

Take in the morning fastyng one drie Figge, one
Walnut, and foure or fife leaues of Rewe, chop-
ped altogether, and eate them, and afterwarde
drinke a cuppe of Wine, if it be a Woman with childe,
leau out the Rewe.

For the Plague.

Take an vnce of the leaues of Rewe, halfe an vnce of
good Figges, an vnce of Renepher berries, two vn-
ces of Walnutes picked, foure ounces of Vineger,
B. liij. and

and a good quantitie of Saffron, stampe all the foresaied thinges togeather, and reserue them in an earthen pottle or a glasse, fast stopp'd, that no aire issue out, whereof if ye receiue in the mornynge vpon a kniues poynte the quantitie of a Beane or more, ye shall bee sure by the grace of God not to be infected with in foure and twentie houres after.

A medicine for the Plague or Leprosie.

The hearbe Grace, Southernwoode, Bugwoy, Worme wood, of each a handfull: thre or foure handfulls of Teneper berries, these whiche be blacke, cut and shreabe the hearbes small, and put them in a flanders pipkine, and powder thereto foure quartes of good white Wine Vineger, and let them soke a seuen nightes if the hearbes be dyie: if they be greene, let them soke not aboue foyeteene houres, then putte a handfull or two of those hearbes which bee in the pipkine into the still and then take oute a quartte of the same Vineger, and powze it into the still vpon the hearbes, and distill it with a pretie soft fire, for to greate a fire will waste it awaie, and so still it untill you haue stilled all, from the pipkine into the stillatorie, and after this powze it into the pipkine againe, and putte as manie newe and freshe hearbes with so manie berries as you had before into the pipkine againe, and so lette them soke one other seuen night, and then still them againe as you did before, and so the thirde tyme to bee vsed with newe hearbes, &c. in the same manner as before, and at the last tyme, putte foure vnces of Petredatum into the pipkine, amongst the hearbes, or els flue or fire vnces of Treacle in place of the Petredatum, for wante thereof, and then beyng stilled as before, put

for the diseased

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putte the same into a double glasse, and stoppe it, with a peeces of leather bounde aboute it, and if the partie be infected, lette hym take thereof foure vnces at one tyme: and if neede bee, you maie giue hym so muche for two or three daies as you see cause, and to a Woman but twoo vnces, and to children according to their age, and as they be able to beare it: and so sweate twoo or three houres or longer if the partie maie indure, and let one stande by alwaies to wipe their face, lest by putting out their handes they take colde. &c. when all this is three tymes stilled, it will not amounte to aboue three or foure quartes.

*An oyle for all maner of aches, bruses and
strainynges of the Synewes.*

TAke a pottle of Meates sette oyle, and a quarte of an Dre gall, a pinte of *Aqua vite*, a pinte of Rose water, Baie leaues, Rosemarie stripped from the stalkes: Strawburp leaues, rootes, and stringes: Laverder Cotten, of euery of these a handfull, beate them small, and putte them into the foresaied stuffe, and seeth it ouer a fire of Coales, in a panne of twoo gallons, and at your stowe perill let not the flame touche the stuffe: let it seeth very well, and then take it of and let it stande buttill it be alinost cold, then straine it through a course linnen cloth, but not the bottome of the saied licoure: then putte it in a glasse and so keepe it, and when you are pained, annoint your greese withall.

For an ache.

TAke *Aqua composita*, and the oyle of Meates sette luke warme, and annointe the patiente vpon the place of the greefe, laiyng warme cloathes thereon.

A medicine

*An hospitall**A medicine for an ache, or shrin-
king of Synewes.*

Take the tenderynges of Rosemarie, and
Marthe, Gallowes, by as euen porcions as
you can gette, gather your hearbes when they
bee drye, from raine and dewe, pounce them in
a Morter very small, then take Haie butter well clari-
fied, and put it to the hearbes, and mingle it in a vessell,
and lette it stande foure daies, then set it ouer the fire, and
lette it seeth till the strength of the hearbes be gone, then
take a litle of it in a spoone and lette it droppe vpon thy
nape, and if it be greene as the Emeraude, it is perfect:
and then putte it in an earthen pottle, and when you will
occupie it, you must warme it.

A medicine for an ache.

Take Parsely, and Wormewood, of each a hand-
full and seeth them in a quart of Ale, with a quan-
tity of sweete Butter, and washe well the place
therewith that aches, and also binde the hearbes to the
place, as hotte as you maie suffer it.

A proued oyntment for ácher.

Sampe Smallage, and putte to it *Aqua vite*, and
straine it, then put thereto Bores grease, and stirre
them well togeather, and annoynte the patient, be-
foze the fire therewith euenyng and moynyng.

*A medicine for an ache in
any place.*

Take

for the diseased.

Take Sowthistle; Thickeweede, Elder leaues,
Grounself, and Cleuters, of each a handfull,
dye all these together betweene twoo Tiles,
and then laye these hearbes to the place where
the greef is, lette the hearbes bee washed before they bee
dried.

A medicine for achyng sores.

Take Juice of Smallege, of Horrell, of Clai-
tered, of each of them like muche, take Honie,
and the white of an Egge, of ether like muche,
and mingle them together till it thicke,
lette it come neere no fire, but all rawe, and colde laye it
to the soye.

*For aches and swellinges
in the knees.*

Take a quart of Palmesey, and a handfull of
Cypric, boyle them together, and when it is halfe
boyled, putte in a good peece of sweete Butter,
and lette them boyle together, from a quart to a pinte,
when you goe to bedde bathe your knees well therewith,
and weate a clothe thre or fouer tymes double therein,
and laye it to your knees, as hotte as you can suffer all
night, and ple this fyve or seuen tymes, and it will doubt-
lesse helpe you.

For a Sciatica or ache.

Take oile of Meates fette, and *Aqua composita*, and
annointe the same place where the paine is, then take
C.s. Woolle

Woolle newlie plucked from the Sheepes backe, and laye thereon, and wzappe it well with warme clothes.

A plaister for an ache.

TAke as muche stone pitche, to the ballew of a Tennis haule, and a Sponefull of Tarre, and a penie-worthe of Triacle, and Rosen to the ballew of a Tennis haule, and a spoonefull of Honie, boile it ouer the fire in a little Kettle, and stirre it all together till it bee well melted, then take a newe Sheepes skine, and make holes in it with a Botkume, and spreade the medicine on the fleshie side of the Skine, and laye it to the ache as hotte as you maie.

For an Ague.

TAke Burre rootes, and redde Nettie croppes, and seeth theim in stale Ale, and clarifie it, and giue the sickie thereof to drinke, about suche tyme as the colde beginneth to come, and after the heate bee past, when you see that he beginneth to sweate, giue him to drinke posset Ale, made with Barigolds and fenell, and see the posset Ale be well clarified. Use this medicine, for it will take awaye the Ague within the or foure dayes at the uttermost.

A medicine against the hote Fever.

TAke a handfull of Baie leaues, a handfull and more of redd Sage, and seeth the same in a pottle of stale Ale to a quarte, and the same beyng strained, let the patiente, lying in bed, drinke thereof a good draught, beyng warmed with a litle Sugar, an houre before his fit do come.

A good medicine for an Ague, be it
quotidian, or quartan.

M

TAKE of Smallage, and of fetherfewe, of either of the
the quantitie of a handfull, stampe them and straine
them, and then take halfe so muche as the iuice of the
same is, of small ale, and beying mixed together, drinke it
warmed a little before the tyme that the fitte shall come,
that is to saye, when you perceiue any grudging. This
must be done the three severall tymes, the patient going
to bedde, and restes enough laid upon hym.

A medicine for an Ague.

TAKE Nettelles, and Cobwebbes, and Salte, and
beate them in a Woodden dishe, and laie it to the left
arme of the sicke, and it will take awaye the heate of the
Ague.

For the Ague.

TAKE Soote, and yolkes of Egges, and Baie Salte,
and pepper, and mingle them together, and laye it
to bothe the wyestes, and it will take awaye the Ague.

For your drinke in an Ague.

FOR your drinke, take Ale, and not strong, and drinke it
like warme.

Drinke and porage in
an Ague.

Chap.

C. 11.

Spake

Make your potage, and posset ale, and Almond milke, with these bearches following, that is to saie, Sinketsoile, Succoyte, Buglosse, Endiue, Burrage, Sorrell, Lettice, and Fenell rootes, and Parsely rootes, greate Reasens, and Prunes.

A medicine for the draught

in an Ague.

Take a quantitie of Burrage, a quantitie of Sorrell, a certaine Violet leaues, a certaine Straburie leaues, seeth them in a pottle of faire runnyng water, to a quarte, then straine the bearches: then take Almondes and blanch them, beate them, and straine them with the said water, and put Sugar therein, and drinke it warme.

A medicine for a quarten Ague,

and for the draught.

Take a pottle of good redde wine, and a pottle of new Milke of a Cowe of one coloure, take twoo or three good handfulls of Houle eare, cleane picked and washed, steepe it into the Milke and wine, and temper them together, and let them stand so one night, and put them in a faire still, and still them with a soft fire, and take the water and put it in a faire glasse, and sette in the Sunne, for two or three daies, and lette the sicke when he drieth in his ague drinke therrof, three or four tymes, and he shal be rid of his ague, and his drinke shall quenche his thurst.

A medicine against the

Quarten.

Take

for the diseased.

13

Take shell Snayles twoo handfulls, Reie Salte
Ballowes of eache a handfull, beate these toge-
thers, and laye it to the sooles of your fete, be-
fore the Quarten fitte doeth come.

A medicine for the calde in a Fever.

Take Camemell and Cloyme woode, and seeth them
in a quart of Ale till halfe bee consumed, and giue it
the patiente firste and laste.

A medicine against the hotte Fever.

Take a pottle of stale Ale, and a bottome of a stale
white loafe, and a handfull of Sincktoile, a handfull
of Camemell, Triacle, and Vineger of eche a spoonfull
a fewe whole Daces, and Sugar Candie, as muche as
thet litle, and seeth these untill halfe bee consumed, and
straine it from the hearbes, and giue it to the patiente to
drinke, and none other drinke during his heat, and as
muche thereof as he will, and it helpeth.

For the Ague.

Take twoo or thre cloues of Garlike, and brule them
and a peniworth of *Aqua visa*, halfe a pinte of Ale
seeth them together, and drinke it a litle before the fitte
come, as hote as you make.

Against the corrupt ayre.

Take Betanie, Centaile, and Egermonie, of eache a
handfull, and stampe them and straine them with ale

C. liij.

apd

and with a Licorice Nicke bruised, and then boile it; and clarifie it, and make it pleasant with Sugar, and drinke thereof euery morning blood warme three spoonefulls, three or foure daies.

To make emian haire as appetyte
so his meate.

Setth Centoyle in faire cleane water, and lette the licke drinke it luke warme, lasting three daies, eche daie nine spoonefulls, and he shall bee whole, for this purgeth the stomacke and breaſte also.

A good comfortable powder to digest well,
and many other good properties.

Take yllitoyne of Spaine, Centoyle, Anise, Licorice, Graines of Paraville, Ginger, Sinamum, of eche like minche, beaten and searced into fine powder, and drinke thereof Morning and Evening, halfe a spoonefull in Wine, or Ale.

To make Hypocras for a weake Stomacke.

Take a pinte of Aqua vite, and put it in a glasse, then take twoo unces of Sinamum, and one vnce of Ginger, twoo peniwothe of Cloues, twoo peniwothe of Graines, one of Nutmegges, and beate them all together to grosse powder, and put them all into a glasse to the Aqua vite, and shake it euery daie often, nine daies together, and then drinke it with wine or ale, halfe a spoonefull, or a quarter, with halfe a pinte of Ale.

for the diseased.

*A medicine to cleanse the backe, and
to purge the raines.*

Take one Fenell roote, and three Parsely rootes, and
picke out the pithes of the, and take thereto one hand
full of Melastoma of the Wall, and all these being washed
cleane, seeth in Posset Ale, and drinke thereof when you
goe to bed, and if you wake at midnight drinke you also.

*A medicine for pains in the backe, and for
the heate in the backe.*

Take Rose water, and putte thereto Saunders, and
Rose leaues, and laye theim in sleepe in your Rose
water one whole night, then walthe your backe with the
same, and it will take awaye the heate, and greatly com-
for the raines.

For paine in the backe.

Take Sage, Rosemarie, Camemell, and Gaubelin,
of eche of theim a handfull, then pounce theim toge-
ther, and frye theim in Oyle Buter, and annointe your
backe with it warme.

A medicine for the raines of the backe.

Take halfe an ounce of Turpentine of Venice,
and let it bee well washed in Plantaine water,
or Rose water, and the mixe it with fine white
Sugar, and make thereof fower or five Ba-
bles, whiche you muste eat three in a Morning fastyng,
and dailey drinke a little White wine, or Renshe wine
unne.

immediatly after.

To drive out a paine or griping

Take Sootherwoode, and laye it against the place, on the contrary side where the torment is, and it will drive it out: and if it bee laid to the navell, it will drive away the paine.

For the biting of any venemous beaste.

Take Plantaine and drinke the succ thereof, and take Plantaine and Salentine, of eche like much, stampe them, and temper them with stale Pisse, and laye to the soie, and it will alwaie the swelling, and drive out the venome.

A medicine for the biting of a madde Dogge.

Take a good handfull of Betonie, and a handfull of wilde Sage, a handfull of Nightshade, and faire running water a pinte, the hearbes being stamped, and strained therewith, and putte thereto a peniworthe of Triacle, and give it to the patiente to drinke, two or three morninges.

A medicine to stoppe bleeding.

Take Scentorie, greene Rewe, and redde Fenell, and stampe and straine them, and drinke them warmed.

for the diseased

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A medicine to stop bleeding.

Take *Bursa pastoris*, Plantaine, and Tlopp, of each
of them like muche, and bruse them in a mortar,
and warme them as hotte as you can against the
fire, and laie them to the nose of hym that bleedeth, and
binde, some of the hearbes to his temples as hotte as hee
can suffer them.

An other medicine for the same.

Take an olde cleane linnen cloathe, and weate it well
in Vineger, then bruse it to powder: then take the
powder thereof, and if it be a wounde cast it there in, and
it will stoppe the bleeding immediately: but if the nose
bleede, then snuffe up the foresaied powder into thy nose,
and it will stint bleeding.

Another for the same.

Take a Cobbe and dye hym in the Sunne very drie,
then putte hym in a linnen bagge, and hang hym a
boutte your necke with a string, so lowe, that it maye touch
your breaſte on the left side neere unto your harte, and
commonly it staieyth all kinde of bleeding at the mouth,
nose, or wounde.

Another to stop blood.

If your nose doe bleede unmeſurably, then tie your little
finger very hard aboute the lower ioynte, and for the
moſt parte it ſayleth not, but ſtapeyth the ſame.

Dj.

For

For spitting of blood.

TAke the iulce of Betonie, and temper it with Sages
milke, and glae the patient to drinke thye dale.

For the same.

TAke Smalage and Hints, Rue, and Betonie, and
seeth them well in good Hylke, and sup it warme.

To stench blood at the nose.

TAke Betonie, staunge it with a litle Sate, as muche
as thou mayst take up with thy two fingers, and put
it in thy nose.

To stench blood.

TAke linnen cloath and burne it, and take the powder,
and putte it in an other cloathe, and so laie it to the
wounde. Also take an herbe that is called Perinacell,
and holde it betwene thy teeth, and thou shalt not bleede
whyle thou holdest it there.

Good for the braine.

TO smell the sauer of Puske, Camameil, to drinke
wline mesurably, or to eate Sage but not muche, to
keepe the heade warme, often washing your hands, me-
surably walking, mesurable sleeping, to heare litle noyle
of Puske or Singars, to eate Mustarde, or Pepper,
the sauioure of redde Roles, and to washe your temples
with Rosewater.

signall den, I have I will for the braines, a remedy not to be
 lighte count in any other place, I have I will for the braines

All manner of braines; Gluttonie, Drunkenesse
 late Suppers, to sleepe muche after meate, cor-
 rupte eyes, jaeger, headache of altitude, to stande
 muche bare headed, to eate to much, or hastily, to much
 heate, to much watchyng, to much colde, Pilke, Cheese,
 all manner of Rattes, muche bothyng, Drunkenesse, Carlike,
 and greate noyse, or to smell to a whete Rose, or to

any other thing that is unwholesome, or that is unwholesome
 to the braines, I have I will for the braines, a remedy not to be

Take Rewe, and seeth it in Cyfell, and so drinke it.
 Drinke Nettle seede brayed, and it shall voyde gra-
 uell of the stone in the reins of the backe.

For a sinking braine, I have I will for the braines, a remedy not to be

Take the seede of Costander, and boyle it in white
 Runney or Sacke, and thereof drinke three spoone-
 fulles in the morning, and as muche at evening, but that
 you drinke in the morning must bee colde, and the other
 hotte, but you must vse to take none excesse of meates,
 nor drinke, nor lie not late vpp, but rise early.

A medicine for a bruse in the Legges, I have I will for the braines, a remedy not to be

Take the Watercresses, and wash them cleane, and seeth
 them in faire water, till they be soft, then beate them
 small in a Morter, and putte them in a cleane panne, and
 put therunto sweete sewer, of Parre, Bulcke, or Shrepe,
 and put thereto the lees of Wine, and the heat bran, and

D.ij. frie

frie all together and make a playster thereof, and laie it warme to the soie place, and so laie thee or foure playsters as weede shall require.

*A nother playster for a bruse, or
fore vnripen.*

Take Oremeale grotes, and seeth them in sweete Cowe milke, untill they bee as thicke as paype, and put it into a panne, with a quantitie of sheeps tallowe, and boyle them well, and sturre them well, and then make a playster thereof, and laie it to the greese as hotte as ye can suffer.

For a bruse or straine.

Take the groundes of Ale or Beare, and wheate bran, and Chickweede, and laie it to the greese thee or foure tymes a daie vpon a red cloath not to thinnie.

*For all bruses and aches in
the bones.*

Take a good quantitie of Matwoyce, and a certaine of Baulme and Smalage, and stampe them well, then take a pounde of Hase butter, and temper them together, then make them in rounde balles and let them lie eight daies after, and then stampe it againe, then frie it, and straine it, and so putte it in a earthen pottle, and this will helpe the bruse though it be very blacke.

*A medicine for burning, scalding, or
hurt with an handgun.*

Take

TAke tenne or twelue Egges, as you will make the quantitie of your Oyle, and let them bee as newe as you maie, and laie them in the fire, and rost them as harde as you can, then take the yolkes, and chop them as small as you can, and put them in an earthen pot, and set it ouer the fire, and take a sticke and stirre it, and let it boyle vntill you see it consumed in a maner to nothing: then take it from the fire and set it in the aire a quarter of an houre or more; and there will come an Oyle thereof: then take a fetter, and anoint the grise with the same oyle, and take Hartstongue leaues, and laie it vpon the greese, and that will gather the skinne, then you maie binde a clothe to it.

An other medicine for the same.

TAke the doing of Geese, of one nightes making, and freshe butter vn salted, or els clarified Sheepes sewer, and frie them in a frying panne, a good time or season vntill your sewer be almoste consumed, then putte them in a cleane course linnen cloth, and straine them into a small vessell: then take a feather, and dip it in the licoure, and annoint the place burned or skalded; and when you haue so doen, weate a fine linnen cloath in the saied licoure, and couer the soze withall, and doe this twice or thre a daie, and by Gods grace it shall helpe you.

For burnyng and skaldyng.

TAke Bayden worste, stampe it and seeth it in freshe Butter, and straine it, and annoint the patient.

*To take awaie a heate or burnyng
with gunpowder.*

B. iij.

Take

TAke a good quantitie of Houllike, stampe it and wring out the iuice, take the white of five Egges and beate them in a dish til they be thine, and then take of the skumme, and put the rest together, and washe the sores with a linnen cloth, and late the cloth aloft on the soze wet.

A medicine for burnyng and skaldyng.

TAke blacke Sope, or grate Sope, and late it immediately to your soze.

For burnyng or skaldyng.

TAke a good handefull of Auans, and as muche of Sheepes douring, and so frie them in Pale butter, and straine it, and annoint the plase with the same sold, twice a daie, and annoint it first with grate or blacke Sope, and it will helpe, the oymntment must be breape vpon a Flaxen clout, if you can get it.

*To make an oymntment for burnyng with
gunpowder, or scaldyng
with water.*

TAke a handefull of Barrowes greace, and two hand-
fulles of Grounsell, and twoo or thre handefulles of
Houllike, and stampe the hearbes together, then put to it
newe Sheepes douring, two handfulles, of Goose douring,
two handfulles, and stampe them altogether, and heyng
botte, straine them throughe a cloth into an earthen pottle,
and weth the licour annoint the burned place.

An oymntment for burnyng.

Take

TAke Plantaine, Chaybree, Dapsie, and the greene
Barke of Elder, and greene Goose downe, and Oyle
of Olive, stampe them together and wring them through
a cloth, and bathe the hurte with a feather.

*For burnyng or scaldyng in what
place so ever it be.*

TAke the white of an Egge, and putte it in a pewter
dishe, and then labour it with an Allome stone, till it
be like a possie curde: then take a fine peece of linyng and
weate it in Oyle of Olive, or in some other Oyle: then laie
the said cloth upon the sore, and above it late the foresaid
curde made of the white of an Egge, and that shall drawe
out the fire and heale the sore.

For burnyng or scaldyng.

TAke foure Egges and rost them, and take oute the
yolkes, and frye them in a payne softly upon the im-
bers, till they bee blacke, and thereof will come an Oyle
the white saue and put it in a gally potte, and vse it when
they haue neede.

*A medicine for a burnyng for lacke
of other thinges.*

TAke the berries of the Elder tree, and laie vnto the
sore and it helpeth.

Another medicine for the same.

TAke Oyle of Olive, and beate it with water till it waie
very white, and annoint the place,

For

For a burnyng with fire.

Take blacke Cleruſſe, and all to annoynte the place with a feather, and it will ſtate the heate, and heale it as faire as ether bid medicine, and ſo vſe it till you bee whole.

For a Cancar in a womans

Pappes.

Take Goole dirt, and Salsadine, and bray them well together and laie them to the ſore paype, it wil clenſe the Cancar, ſlea the worme, and heale the ſore.

For the Cancar in the mouthe.

Take the iuice of Plantaine, vineger, and water of Roſes, and waſhe thy mouth withall many times.

A receipt to ſtill a Cocke.

Take a redde Cocke, of thre or foure yeares olde, and kill hym, and drefſe hym faire, and cut him in foure quarters, byuſe the quarters, and picke out the fat out of them, then take halfe a handfull of redde Spints, a handfull of Hartſounge, putte them into the potte cloſe, halfe a pinte of water and half a pinte of Malmeſſe, ſixe crops of Flop, a roote of Parſely, a roote of Fenell, a roote of Endiſſe, twentie Damafke Prunes, twentie Reaſons of the Sunne, foure Haces, and let it ſtill twelue houres, and lette the potte bee couered with paſte with a ſlatte under it, and lette the patiente drinke it euery morning nexte his hearte.

A medi-

A medicine for the Collicke.

Firste, take a handfull of Rosemarie, as muche of
Tyme, and as muche of Sloe, an ounce of Cloues &
Hace, and seeth it in a pottle of white wine, and let
it seeth till it bee consumed to a quart: then put therein a
little Sugar, and drinke thereof like warme, & when you
feele your self pained, and when it is lobbey, as is before
mentioned, you must burne it as you burne other wine.

For the Collicke in the side.

Take a small wooden disse, and putte therein firste
rode Albes, then laye vpon them hotte ymbers,
without greate coles, and thereupon strewe a good quan-
tite of Cumminseede, and sprynckle it with Palmesey,
and so doe till the disse be filled: then couer the disse with
a faire linnen clothe double, and laye it hotte to your bare
side where the Collicke lieth, and vse this twice in thre ti-
mes, and it will helpe you, and for lacke of Cumminseede
take red Sage, Camemell, Sloe, Tyme, Pennyall, of
like quantitie, and vse it as the Cumminseede before.

A medicine for the Stone.

Take Pellitorye that groweth on the waile, grounde
Iune, Saxefrage, Parselle, Quins, Gallowes, and
redde Nettles, Pepper, Cheruell, and House eare, and
boyle all these herbes, of euery of them a like quantitie
in whate, clarifie the whate with the white of an Egge,
and drinke sallyng of it a draught.

An other for the same.

C.s.

Take

TAke halfe a pynnyth of Parselyseede, as muche of Ravishe seede beeping well dresled and brused, and seeth them all in a pinte of white Bastard, to halfe a pinte, and then drinke it milke warme.

An other to breake the stone

TAke Hawthorne flowers, or for lacke of flowers, take Hawes and distill them, the flowers in Ale, and the Berries when they bee ripe, take of this water thre spoonefulles, and thre spoonefulles of Palmesley, and a quantitie of Ginger, and drinke it warme.

An other to breake the stone
 And this also to breake the stone
 you doe use the same daily

TAke the Roses of Venerie, and picked Holly leaues and distill them in an Ouen, and beat them severally into fine powder, then put them together by one first seared, and of like quantitie. Then put thereto the powder of Grommelleseede, and Broomesleede, of like quantitie, do yng but halfe so muche in quantitie, as the powders afore saied: and they beeping mixte altogether, vse daily a good spoonefull of the saied powder, in a draught of Ale, Beere, white wine, or Rensh wine, euening and morning: and besides that, you may vse to the same powder in broches, and pottages, the oftner the better, haue of waies in store a good quantitie of the sayd powder, you must kepe the same alwaies drie, as in a Dypkin by the fire side, or otherwise.

An other for the stone

TAke Parsely, distill it, and vse to drinke of the water in white Wine, or in good Ale, and it will destroye the

for the diseased.

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the Stone, Collicke, Strangurie, and other passions in
man or woman.

A medicine for the Collicke or Stiche.

TAke the groundes of Balmesley, Sheepes Tallowe
Ribwoyte, redde Sage, and Allsaunders, seeth all
these together, and make a plaster thereof, and laye it to
the grief, and annointe you with oile of Rose, and oile of
Balmie mixed together.

For the Collicke and Stone.

TAke Bellitorie, unlesse Leekes, and Gallowes, of
eche like quantitie, stamp them, and put thereunto
a peniworthe of Beates Oile, frye them well together in
manner of a plaster, put them in a bagge of Linnen clothe
and beying verie hott, laye it to the braille, and it helpeth
within an hower. And for the Stone, laye the same to the
paines of the backe behinde, and it helpeth with speede.

For the Collicke and Stone.

TAke halfe a pounce of Tyme, as muche Parsely roo-
tes and blades, halfe a pounce of Allsander rootes,
and seeth them altogether in a pottle of Ale, untill it con-
sume to a quart, and so drinke it fasting.

For the Stone, and for hym that cannot pisse.

TAke a quantitie of Tyme, Parsellie, croppes of Fe-
nell, Sitchclole, Allsaunders, of liquantitie, fine or
fine cloues of Garlike, stamp them all together, and
straine

C.ij.

straine them with white Wine or Ale, and drinke thereof firste and laste warmed.

*A speciall medicine proued for the Stone,
Collike, Droppe, Strangurie,
and Launder.*

TAke of Cenie halfe an ounce, Ginger, Anniseede, Li-
quorice, Paces, Pettiseedes, Geate, Safferon, of
eche twoo penie weight, Fenell seede, and Sytknard, of
eche one penie weight, and thre penie weight of Sina-
mum, make all these in powder, and drinke thereof halfe a
spoonesfull at once, in posset ale, or in portage.

*A goodly powder to helpe one that hath
Collike, Droppe, Strangurie, and Launder.*
TAke Anniseedes, Fenellseeds, and Carawarseeds
of euery of them halfe an ounce, Ginger, Gallengall,
and Sinamum, of euery of them twoo dragmes, Clo-
ues, Paces, and Cardam, of euery of them halfe a
dragme, Serwall flower dragmes, Sugar eight unces,
make them altogether in powder.

For the stone, or stoppyng of the water.

TAke a pinte of white Wine, and therewith
make a posset, then take all the curbes awaie,
and putte into the posset Ale, twoo penie
weight of the scrapping of white Dope, and
boile it, then drinke it as warme as you can.

*A souveraigne medicine for the Stone and
Collike, and to breake them bothe.*
TAke

TAke Haseliseede, Broomeleepe, Cromeliseede, Fennelseedes, Annisseedes, Plantineseedes, and Smal-
lage seedes, of euery of theim a quarter of an vnce, and
of Nutmegges halfe an vnce, of Sugar tried lower vn-
ces, and beate them also together in a mortar, untill they be
verie fine, then searce the powder through a searce, and
use to drinke this powder Euenyng and Moonyng, three
daies in a weeke with wine or other drinke, luke warme
and take of this powder at a tyme, the quantitie of a great
Hasell Nutte, and if the paine bee greate, take of the oile
of Scorpions, with the oile of Roses, and annointe your
side where the paine is, against the fire.

*A medicine to purge the bladder
of hym that cannot pisse.*

TAke Fenell, and the rootes of Alessanders, Pars-
ley, the leaues and the rootes of Hartstongue,
Gardenheare, and seeth them in white Wine,
and giue it the patiente to drinke, and it shall purge the
bladder in shorte tyme.

For the same.

TAke Rewe, Crommell, and Parsely, stampe theim
together, and temper theim with white Wine, and
giue it the sicke to drinke warme.

For hym that cannot well pisse.

TAke a flinte Stone, and laye it in the fire, untill it
bee redde hotte, and there with warme your Ale,
and then drinke thereof.

Cluj.

To

To prouoke Urine, and against the Stone. **T**

Take three quarters of Ale, warme it well, lette it bee scummed thise: then put to it a handfull of Cyrie, a handfull of Rosemarie, and a handfull of Penetiall, and lette them seeth together till one quarte bee consumed, or more; straine the beabes from the Ale, and drinke a draught of the Ale first and laste warme.

To make one pisse. **T**

Take a quarter of a handfull of Parselle, as muche redde Fenell, washe and shrede theim small, and put them in a cuppe of stale Ale, and make a posset therewith and drinke the Ale, and it helpeth.

For a man that pisseth blood. **T**

Take Ambros a handfull, Burse Pastoris a handfull, Parselle seede a handfull, stampe theim all together, and giue the sicke to drinke in Goates milke.

To prouoke Urine.

T Take a handfull of redde Nettle rootes, and seeth the in a quarte of good Ale, till it bee consumed to a pint, and putte thereto halfe a dishe of Butter, and lette it bee cleane scummed, befoze the Butter bee put in, and seeth in it Allsander seedes, Parselle seedes, Cromell seedes, beyng beaten into fine poudre, and straine them throughe a fine clothe, as muche of the one as of the other, & drinke there of first and laste.

For the same.

Take

T Take a quantitie of blacke Sope, and Englishe Sal-
from, and temper theint together colde, and laye it
colde vpon your Hauell, keepinge syde vpon a broad pa-
per, or redde Leather, and then laye vpon it linnen clothe
of tenne or twelue foldes thicke, and rase you with a to-
well, and so lye downe vpon your bedde warme, and it will
make you pisse within an hower.

A drinke for the windie Collicke.

T Take a quart of Palmesley, and twoo spoonefulls of
the pitche of Marsety rootes, and a handfull of Alhoter
leaves, and fine Baie leaves, seeth all these together vntill
apint, and drinke it Doryng and Euenyng warme.

To take awaie Cornes.

T Take Parigold Stampen, and laie vpon the sore Eue-
ning and mornyng, and it profiteth. Or els pare your
corns, and laye so Turpentine and redd Clare boyled to-
gether, and make a plaister thereof, and it helpeth.

To take awaie a Corne.

T Take and cutte awaie the Corne, and drappe into it a
droppe or twoo of a blacke Snails, and putte thereto
the powder of Sandefier, and it will doe it auaile.

For the same.

P Are auaie your Corne as nere as you can, putte into
the hole unbleckt Lime as muche as a fatche, and co-
uer it with a plaister of Clare and Rosen, and lette it lye
fower and twentie howers.

To

To make a water against a consumption. **T**

Take a quartre of Rose water, as muche of womanes Milke, Milke of Goates, of Pares, or of Cowe Milke, put unto them thirtie yolkes of Egges, well mingled together, and thereof still a water, whereof give the patiente to drinke warme fresse and lesse, with a cake of *Manus Christi*, made with golde and Berles.

For a consumption in the rainet. **T**

Take Clarie leemes, and picke them, and frie them with two or three yolkes of Egges, and put thereunto Saffron tyed vpon a stone, and grinde it small, and put altogether, and frie them in freache Butter, and eate it warme nexte your harte.

To wake leth for one that is in a consumption. **T**

Take a legge of Creale, and cut a waile the fatter, and a Capon or Cocke newe killed, and skalde hym and washe hym cleane, and let the Capon and the Creale be in water, the space of three howres, and seeth them on the fire, with twoo pottles of faine water, straine it cleane, and as the fat ricketh take it of, and so let it seeth, till halfe the brothe bee consumed: then put in a pottle of racke Rentyne Wine, if you haue it, or els a pottle of white Wine, and lette it seeth altogether, untill it consume to a quartre, and clarifie it with three or fouer whites of Egges, and let it runne through a Telly bagge, and then lette it on the fire againe, and put in one pound of Sugar, and one ounce of Gumminum grose beat, and then let it run through a Telly bagge, three or fouer tymes, and after let the patiente drinke thereof warme.

for the disensed

An excellent medicine against the cough.

Take fenell rootes cleane washed, Anniseedes, and a little Liquorice, and seeth them al together in white wine, and take the white wine drinke a good draught thereof when you goe to bed, and the next morning take a Figge and a Date, and rost them and eate them somewhat hote, and neyther eate nor drinke in two or thre houres after, and in two or thre times drinkeing it shall helpe you.

Take eyght pennitwaight of fine Ginger, and sixteene penitwaight of powder of Citronpane rootes, and one ounce of the powder of Liquorice, and to ounces of the powder of Anniseedes, and thre ounces of Sugar Candy: mingle all those together, and use to eate it whet you will at all times in the day, and you shall finde ease therein, for this medicine is well proued.

Take a handfull of Sage, a handfull of Bay sale dried in the fyre, a handfull of Comaun, a penitworth of Cloves, and an other of Peaces, and beate all these and mingle them together and put them into a linnen bagg, the length and breadth of a mans hand, and quill it, and use it hote vppon the mowe of the head till you be eased, warmed morning and evening, and lay it to your mothe against the cough.

For the cough of the lungs.

Take

An hospitall

Take a pottle of running water, twentie Figges, a quarterne of the best Sugar, a good quantitie of Licorises and Aniseedes, a peniwoyeth of Asphodelherbe, a handfull of great raysons the stones picked out, boyle them into a quart, and so warme a little in a Stone cruell and drinke thereof.

Take Hlop, Horehound, sugar and water, boyle them altogether till it come to a thicke syrop, and so use to eate it evening and morning, and all other times when you thinke good.

Take a pint of Hlop water, and halfe a pinte of Rose water, and a good quantitie of Licorises, a great spoonfull of Aniseedes, halfe a pottle of white sugar Candy: let all these boyle together till it come to a cleare syrop, then put it in a fayre glasse strained, and take this syrop at all times in the day or night when you list.

For the cough

Take a cake of breade and make it bore, and put on sweete Sallet oyle, on both sides of it, and eate it every morning and it will helpe you.

Take Barrowes or Bores greace, three or foure cloues of Garlike, and stampe them together, and warme and annoynt the feet therewith at the going to

for the diseased.

to bed, and keepe them hote with a coffer trencher,
and warme clothes, and you shall recover. *¶* One also
in the night, and so on till you be as sound as
before. *¶* A medicine for the chine cough, taken a time
or two, considering for children, and so on till you be
as sound. *¶* Take Bores greace, and warme the soles of theyr
feete to the fyre, and chafe them with the foresayde
Bores greace, and let them goe to bed and keepe them
warne and lay clothes to their feete.

¶ A medicine for the cough,
and the wheesing.

¶ Take a pound of Liger Saup, some what finely bea-
ren, halfe a pound of Licoriz seared, and halfe a
pound of Anniseedes seared, and an ounce of the pow-
der of Ginger, an ounce of Chicopane rootes, made
into powder and mingle these together, and take of the
same powder halfe a spoonefull at a time, when you goe
to bed and when you rise in the morning.

For a cough.

¶ Take Hopy, Licoriz, Borehounde, a little of the
roote of Chicopane, greate reason, figges, cutte
in small peeces, and Anniseedes: boyle all these in wa-
ter, then strayne out the water, and drinke it in the morn-
ing fasting.

For the cough and for stopping at the brest

¶ and to open the pypes, and to
quayde much cough
and to open the pypes, and to
quayde much cough
and to open the pypes, and to
quayde much cough

¶ 2.

Take

An hospitall.

Take the roote of Chicoropane, and roote of Radish and thred them thime, and Pearse Wardenes twice so much as of both the others, then put altogether into a newe earthen pottle, then put thereunto clarified honye till it ouerflowe the sayde ingredience, then couer the pot and passe it that no breache come out, and sett it into an ouen, and let it bake with a batch of breade, & giue the sicke thereof a spoonfull in morning and another at night.

*A soueraigne medicine for the cough of the lunges
Maister Bakers medicine.*

Take three pyntes of running water, halfe a pound of Roshingale Sugar, with nyne Figges, and halfe a spoonfull of Anniseedes binded a handfull of Raysons of the Sunne cleane washed, hauing the stones picked out, a pennyworth of Paydenbeare: let all these boyle together until the one halfe and more be boyled away, and then straine the same through a fine cloth, and every morning drinke two spoonfulls of it luke warme, & you shall find present remedye.

For the Crampe.

Take Hols oke, hyle of Violets, & of Swines greace of each like much, and make an oynment, and applynt the place.

An excellent salve for a cutte.

Take two handfulls of Bugle which groweth most commonly in woods, and as much Valerian, hyle them very smal: then take a quantite of Deeres sewer, halfe

for the diseased.

halfe so much butyonghe waxe, so much of these two
as the herbes may be boyled therein, then sette it on the
fyre, and when it is halfe boyled put in a quantite of
the best Turpentine that ye can get, then let it boyle
till it be ynough, and all the while stirre it well, when
it is boyled ynough straine it throughe a cloth into a ves-
sell and so keepe it.

*A salve for a newe cutte, that will not
leane bleeding.*

Take the blades of vnset leekes and stampe them, and
put thereunto honey and Althea flower and styre
them well together vntill they bee thicke: let it come
neere no fyre, but all cold lay it to the wounde and it
will stanche the bleeding, and draw out the hyused blood
and make it cleane.

A medicine for deafenes in a mans head.

Take a quartre of Palmesey, a pentworth of Commin
and viit. Betonie leaues that groweth on the lande,
then boyle all these together, till the one halfe of the
Palmesey bee consumed: then take the yotte that you
boyle your medicine in as soone as the hearbes be boy-
led and couer it with a tonell and hynde it close aboute
the verge that the heate come not out, then put a quill
in the other ende of the tonell, then put the patientes
eare thereunto so that the heate maye goe close into the
head, fyrst the one and then the other, and whyles the
heate is drying in the one eare, you must stoppe the
ther with blacke wooll, and you must haue hote clothes
to keepe in the heate on the other side of the heade whyle
that your medicine worketh: then turne the other

An hospitall.

care likewise. You muste vse it three times in the day, that is to say, in the morning, at noode, and at night, and so you must continue the space of three dayes and three nightes. See that the patient come not in any open ayre the space aforesayde, and you muste put to your Palmeley a quarter of a pynt of cleere running water,

A good medicine for deafnesse, &c.
by Thomas Streuens of
Bushton.

Take Bay herries, Bay leaues, Betany, and Sti-
cardes, of each of them one handfull: seeke them in
white wine to the halfe, and for an old man in Palme-
seye, then put it in a vessel that hath a narrow mouth
and hold your eare ouer it being vnstoppen, so that you
may suffer it being not too hote nor too colde, then take
oyle of bitter Almondes, and lette droppe thereof two or
three droppes into your eare, and alwayes haue a Locke
of fine blacke wooll that groweth betweene the Sheepes
legges, to stoppe close your eare therewith, wherein if
you put a little mus-ke, it will be the better.

*A soueraigne medicine for the payne and
busking in the head, which
bindeth the hearing
very much.*

Take one clove of Garlike, pill it, and picke three or
four holes in the middes, and dip it in fine English
honey and put it into your eare, and put a little blacke
wooll after, and lye vpon your other side each night and
so let it continue in your eare for the space of vii. or eijthe
dayes

for the diseased.

vapes, and it will expelle the humors at your nose, expell
the payne and restore the hearing.

For the payne in the eare, a comarade say
sing, aduise to apply a little of this ointment
to the eare.

Take two handfulls of Sage, one handfull of Blospe,
halfe a handfull of Romaine, put these in a little
pillowe boyled in Rose vineger, Aqua vicia, and Rose
water, and laye this to thine eare as hot as thou can
suffer it.

An ointment for a swelling.

Take a good quantite of Smalage and Pallowes,
and put thereto two pounde of Bores greace, one
pounde of butter and oyle of Netes seete a quantite, and
stampe them wel altogether, then frye them and straine
them into an earthen vessell.

*To make a drinke for an extreme
beate or drougt.*

Take a pottle of fayre water, a handfull of Succorie,
a handfull of Endive, a handfull of Violet leaues,
a handfull of Burrage, halfe a handfull of Letice, two
Fennell rootes, two Parsely rootes, put them all in
your pottle of water, and let them seeth from a pottle
to a quart, then take it off and put a little Sugar to it,
and let it haue two wallops more, then drinke of it as
you list.

To make a dyet drinke.

Take a quart of white wine, a quart of
ale, a quart of beere, a quart of
milk, a quart of
water, a quart of
vinegar, a quart of
honey, a quart of
sugar, a quart of
salt.

An hospitall.

First, buy a dyet pot and fill hym full of Conduite water, lacking a quart, then put to the water a quart of white Wine and set him ouer a softe fyre of coales, then put thereunto a pound of Liquorice scraped and cutte in small peeces, halfe a pounde of Anniseedes brused, halfe a pound of Lingvire bought at the turners, & an ounce of the barkie of the same which you may haue at the Poticaries, then let all these boyle together, an houre and a halfe, so that one part of the boyle be boyled away, then take and straine it into a fayre vessell and keepe it close, and drinke thereof first and last a piete draught warme

A water for the eyes.

Take kindly Roche Alom white, a small quantitie of red Rose water, and the iuice of red Fenell, and the white of an Egge well beaten, & take of the scomme of the Egge and beate them together, and then strayne it through a fine cloth, then dyp your finger in the water and let it drop into your eye.

Good for the sight.

All this is good for the sight: Redde Roses, Cleruetne rootes, Fenell, Salsadine, Juniperuell, Oracula bristi, to wash your eyes with cleere water, or to looke vpon greene coloures, mesurable sleepe, to loke in a fayre glasse, often washing of your hands and feete, and it maketh your meate to digest well.

Ill for the sight.

To studie after meate, Garlike, Onions, Leekes, Lettice, to sudden going after meate, & wines, hote or cold

solde apye, Drinke meste, Glarrount, Dike Cheefe,
muche beholding of bright thinges, and as euill red thin-
ges, as white, much sleepe after meate, to much walking
after meate, and to much letting bloud, cold wortes, fire,
dust, to muche weeping, and ouer much watchyng.

A speciall good water for the eyes.

Take a new laied Egge, and rost it harde, cut
the shell in the middelt and take out the polke,
and putte in a peece of white Coporas where
as the polke lye, and binde the Egge together
again, and lette it lye in the fire untill the Coporas bee
resolued to water, then take the white out of the Egge,
and cut it in small peeces, and put it into a glasse of run-
ning water, and let it stand a while, and straine it through
a lincloth, and keepe it in a close glasse, and dresse the
eye euery mornynge and euening.

*To kill the pinne and webbe
in the eye.*

Take a quantity of drie leaues graffe, as much
redde Fenell, as much redde Sage, as much
Dawbles, the white of an Egge beaten and
the froch taken away, and halfe a spoonefull of
Honye, and stamp all the herbes together, and then
take the iuice thereof, and putte thereunto the white of the
Egge and the Honye, and then mixe them together,
and droppe the same into the eye of the patient, and then
take a plaster of steele towne, and droppe it in the said me-
dicine, and laie it vpon the eye of the said patiente and
binde

binde it fast, and let it remaine so an houre at every tyme
of dressing.

An other for the same.

Take the leaues of Salendine and stampe them and
straine them, and put one droppe of the iuice of it in
the eye, and it will helpe by Gods grace.

*For the Webbe in the eye if it be
old.*

Take the red Wimpernell, and Euphrase, and stampe
and them in a Mortar, and then sepe them with Capons
greace in a cleane panne, and then wring it through a
cloth into a vessel of Brasse, and lette it stande therein
three daies after, putte it in a boxe of haue or tyme, and
take thereof and put it in the Webbe of the eye, and this
medicine is soueraigne.

*A good medicine for the eyes being
either Pearle or Webbe.*

Take the leaues of Daffies, and Douchwoyce, also
Barba Pastorie, and the Chastiloppes, alius Calicut.
kife, stampe them together and straine them in a little
good Ale, drinke of the same three severall times a
daye two howers before you rise and you shall finde ease, not
withstanding your eyes will bee sore, then wash your
eyes with running water, and then drinke of yowr drinke
two mornings againe, and you shall be whole and finde
greate ease by Gods grace.

A water

and so in the morning *A water comfortable for the eye*, and so the
 around, much of the eye, and so the
 and so the eye, and so the eye, and so the eye

Take the iuice of *Euphrasia*, and let it stand in the water made of
 for it is the best hearbe that can bee for the eyes, wha
 waic soeuer you take it.

For sore eyes.

Take *Copros* and laie it in running water, and
 straine it, and when you goe to bedde strike the the bress
 of your eyes with the same water, and let it droppe in
 to your eyes.

For the same.

Take rotten Apples and still them, and with the wa-
 ter thereof, washe your eyes, and it will purge and
 cleane them, and cleare your sight.

A water very comfortable for the eye sight.

Take Rose leaues, a greate handfull of *Reinde*, *Stenell*
 and *Uerueine* as muche, of *Reue* a handfull, of *Sal-*
lendine as muche, and so still them together, and you
 shall haue a good water and comfortable for poure
 eyes.

A drinke for the eye sight.

Take a quantitie of *Iule* that groweth vpon the
 a quantitie of the rootes and leaues of *Daylies* in
 C.ij. the

the fieve, a quantitie of Fenell, and a quantitie of three leaved grasse, all these being washed cleane, stampe them and straine them with a pinte of stale Ale, and drinke thereof exceeding and morning, or at midnight for a season.

*A perfect water very good for
the eyesight.*

Take Sage, Fenell, Cleruaine, Betanie, Ephrasie, Cythright, Dünpernell, Schinckiole, and herbe Grace, and soie all these in white wine all night, and then still them in a Scillatopie of glasse or gc. and this water is speciall good.

*For the hemeroides, and to drie
up any sore.*

Take the brode Azemphane leafe, commonly called Canne leaues whiche growe in waters, washe them cleane, putte them in a paper and frie them in the Embers, and applie them as hotte as maie be suffered, or make them in powder and cast them into the soie and it helpeth.

For the same.

Take redde wortes and seeth them in a pot: then take the pottle and set it vnder a close chaire, and sitte ouer it, and lappe warme clothes aboute the chayze that no aire maie goe out, and so sit still ouer it till it be colde, and then anhoiut the members with the licoure.

For

For the same.

Take a plate of leade and rubbe thereon a quantitie of
Boyes greace for a man, and Swines greace for a
woman, and washe it out with white Wine, and anoynt
the Emērodes.

*A medicine for a redde or high cou-
lored face.*

Take Wine leanes, Strawburtes, and Creame, and
putte two pence worth of Camellier vnto it, and put it
into a Stillatorie with the foresaid leanes and distill it,
and take the water thereof and washe your face therewith
mornynge and euening for a certaine space, and it will
take awaie the high colour.

An other for the same.

Take Cowcumbers, and pare them cleane, and cutte
them in slices and still them, and with the Water
that commeth of them washe your face daylie three or
foure tymes in the day, if you haue none of the Water,
then take the Cowcumber it selfe and pare hym, and rub
your face therewith.

*A medicine to destroye a heate in the face or
in any other place, though it bee*

Sancti Antonii fire.

Take a quart of Swiches water, a handfull of Sage,
a handfull of Elder leanes, or of the greene barke, a
pence worth of Alooe, and seeth them altogether from a
pottle

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potte to a pinte, then putte it in an earthen potte and anoint the patient.

For the pynples in the face.

Take Wheate Flower, mingled with Cinnamon and Pomie, and laie vpon them, and it will clesne them,

Good for a Felon.

Take Sage, Rye, Snayles haile, Ale, and Bacon, and beate them altogether, and then laie it to the Felon and it shall helpe you.

For the same.

Take Hearbe Grace, Patch, and white tworts, rustie Bacon, a little butter, a house Snayle, mingle them together, and make thereof a playster.

A medicine for boyles, felons, and uncomet.

Take Wheate flower, Boies greace, Haile butter, and Sage, and stampe it together and make a playster thereof and laie it to the Boyle or Felon and it will bothe ripe it and brawe it, and if it bee tryed it worketh the better.

To ripe boyles, felons, or uncomet.

Take a pinte of swete milke and set it over the fire, and putte therevnto a quanttie of Sheepes seuet, small sized, and a handefull or two of Omeale fine beaten,

ten, and lette all these seeth till it waxe very thicke so that
ye maie spreade it vppon a fayre linnen cloathe, and laie
it as warme as yer can suffer to the soie, and it will quic-
ke ripe hym and breake hym without greate payne, then
when he is broken laie a little Turpentine vpon a peece
of white leather pricked full of holes, and it will draw and
heale it.

A Gargesse for fleame.

Take a quantitie of Endiffe Water, and as much
Rommie Succle Water, a good spoonefull of Spu-
tarde pure, a spoonefull of Rommie, two spoone-
fulls of Vineger, and a little powder of Pepper, two or
three braunches of Rosemarie, and the leaues of Sage,
and putte all these together and steare them vppon a cha-
sing disse of coales like warme, and lette the patient put
a spoonefull at once in his mouth, and holde his heade vp-
wardes and walke his throte therewith, and it shal make
him voyde muche fleame, let him take thereof as ofte as
he shal thinke good,

To breake the fleame and for

the Cough.

Take a pinte of Rosh Water stilled, one quarte of
good Roshadine, thise of foure good Races of
calse Ginger, pare them cleane and cut them in syl-
res, and twice so much Licoriz, and pare it like wise, one
good handefull of Sugar Candie grosse brused, putte all
the penneses together in a glasse, and shake them toge-
ther and stoppe it close, and let it stande foure and twentie
houres, then drinke thereof at your pleasure.

To breake fleame.

TAke Butter without salte, and Honey, of eache a like quantitie, and a fewe butter Almonds: blaunch them and beate them fine, and eate a little euery daie.

For the same.

TAke Smalage and seeth it in Vineger, then take the Vineger and walhe your breast withall, and then take the Smalage and putte it in a clothe and binde it to your stomache thre houres.

For the same.

TAke Soyrell, And stampe it and straine it, then take the iuice and temper it with olde Ale, and drinke a good quantitie in the morning before you rise out of your bed, then take a sleepe after, and you shall deliuer fleame wonderfull to see for the quantitie.

A medicine for the Fluxe or Lax.

TAke Egges and rost them hard, then take the polkes of them and straine them with redde Wine, and put thereunto Syppannum, then seeth them together, and drinke it as hotte as you maie suffer it.

For the same.

TAke Calbeate stone, and the polkes of Egges, with the iuice of Plantine, and make a cake of it, and bake it in an Ouen, and eate it as hotte as you can, and drinke thereto

thereto redde Wine or Rhenish all harte, for tis the tunc
of plantine for it will blase hym.

A Cundle for the bloody Flux

Take a pinte of redde Wine, and the yolkes of five
newelaid Egges, a good quantitie of Cinamon
and a little Sugar, the yll of a pounce of Ornat
dried and beaten to fine powder, a good quantitie, and
boyle all these in a fapre platte, upon a calyng dish of
coales till it bee some what thicke, then lette the patient
eate of it morning and evening, and as oft as hee is in the way
as his stomacke will serve him thereto, and it shall hope
hym be the first neuer to gett it.

A singular medicine for the blou-

dy Flux.

Take as muche fine linnen cloath as will make a sup-
positarie being wrapped round together distill wise,
then weare the same in the belt, and as oft as hee is in the way
possin, and lette the partie greene comete the same in
their fundament, and it will helpe them God willing, when
in three or foure dressinges, this is proved and shal hap-
pen manie that hath bene brought very lowe and iudged
past cure.

An other for the same.

Take a peece of Rhome as much as will make a sup-
positarie, and in a pinte of newe distilled and rectified wine
the Rhome turne to a cundle, then take of the cundle as you
doe of the patient, and open the same and use it as you
may.

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and

and put into it a good quantite of the powder of the pill
of a Youngerant and Sinammum fine beaten, and lette
them drinke it, and it will stoppe them, and if they eate
of the curde they shall be stayed the sooner,

For the bloody Fluxe.

Take the Thimides skines and all, and stampe
them small, and take the Water of Dusked
Barly sodden, and make thereof Dilke, and
putte therein skines and scorches of Round-
granats being stamped to powder, with a little Sugar,
and so eate the same every morning and evening, and put
graddes of Steele that hath bene made redde hotte in the
fire into their drinke.

To stoppe the bloody Fluxe.

Take a quart of Beemes dried over the fire, so that
they maye make powder of them, then bruse them in a
mortar very small and houlde them, and take a quart of
good Ale and a quantite of flower, and so seeth them
both together, and let the patient eate thereof at nighte
as long as maye be suffered.

For the bloody fluxe.

Take a pinte of running Water and a pint of warme
Dilke as it cometh from the Cowe, and put them
together, then putte five or six flint stones in the fire,
and when they be made hotte quench them in that li-
quore, then putte them in the fire againe, and quench
them againe three or foure tymes therein, till the li-
quore

courte bee halfe consumed, and lette the partie drinke of it warme.

A medicine for the falling of the fundament.

Take red Nettles, bray them well, and put them in an earthen pottle, and put therein a good portion of white Wine, and let it till the halfe bee wasted, and gree it the like to drinke hote and late at waies warme, and late the hearbes to the fundament as hote as ye can suffer it.

A playster to heale a gentle legge, a wounde or sore, or but a soone.

Take a handfull of spinnowe leaues, and in other of Oxenard, putte them in a pottone, with fayre water and let them boyle till they bee thicken to tender that ye maye make a playster of them, then putte the leaues from the hearde, and straine them through a strainer upon a platter, and let the platter lye upon a chafing dishe of coales, then putte therevnto a quantite of Deare tallow, or Sheepes tallow clarified, and unwroughte Ware, Sallet oyle, Turpentine, and Rosen, lette all them boyle upon a chafingdishe of coales untill they bee thicke: then straine all the saied stuffe through a flinnen cloth into the vessel that you will keepe your salas in, and let it stande untill it bee colde, then vntill the same be drye spreade vpon a cloath, and you shall finde rale by Gods grace and helpe.

argyal

Q.ij.

A play.

A playster for the growt or ache in the ioyntes wher-
with the Lorde Riche was cured when all

Surgions thought him to be

incurable.

TAke halfe a pounce of untwought Claxe, halfe a
pounce of Rosen, an ounce of Olibanum, a quar-
ter of a pounce of fine Llarge of Golde, three
quarters of a pounce of white leade, all beaten to pow-
der, and searce it through a searce, and take a pince of
Oyle of Neates fete, and sepe it on the fire in a small bes-
sell, with the Claxe and Rosen, and when it is molten,
then put thereto the other powders and stirre it fast with
a sticke, and then putte a little of it vpon a pewter saw-
cer, and if it bee hard heere so tried on the pewter saw-
cer, then take it from the fire, and annoint a faire boarde
with some of your oyle of Neates fete, and as you may
handle it for heat, wmake it as it were Curriers ware,
and make it in greete roles, and make playsters of it
with a chafing dish of coales, and fireade it thine vpon
a linnen cloth or leather, and lay the playster where
where the paine is, and so renewe it morning and evening
vntill you be whole, or till the ache be turned to some
other ioyn, and then take the playster and laye where the
ache is, and beware of colde and hott wines.

And thus for the growt.

THe foure hundredes of small bones, and one hundred
full of Marbouds, and laye them in a Potter, and
put their iuice to our vntice of S. iohns grease, and boyle
them on the fire, the space of halfe an hower, then strayne
it saye, for it is good for all colde growtes in the armes,

legges

legges or fiere, and for all greetes in the bones, that cometh of colde.

A drinke for the gowes festered.

Take a quantite of Archangel, Betonie, Cleruine, of each like much, and boyle them in wine, and let the sicke person drinke thereof first and last and it helpeth.

A playster for the same.

Take a saluer full of the iuice of Smalage, an othe of Clopprwoode, Bennie, Salce, and Alueger, and meddle them well together; and doe there to a quantitie of Rie flower; sturce them fast together and boyle them and make a playster in a clothe, and laie to the soie; vse the drinke aforesaid and the playster and it will helpe by Gods grace.

Good for the harte.

Saffron, Burrage, Bulke Cloues, Galingall, Nutmegges, the red Rose, Clovers, Sugar, Peares, beat of all.

Is for the harte.

Beanes, Beale, Leekes, Garlike, Onions, Sadnelle, Ginger, Onions, to in the trauell, to drinke colde water after trauell, and euill digestions.

A medicine for the passion at the harte.

called termis cordis.

Take

Dis.

Take

Take the powder of Burrage floure, the powder of Nutmegges, white Amber like wise in powder, the bone in a Stagges harte, the powder of Sinamum, all these powders drinke like warme with Beare, Ale, or Wine euening and morning, and the patient greued shall finde ease. These things must be proportioned by good aduise.

A medicine for a continuall

heade ache.

Take the Betauie water, and take a cloth three or four double, and but three fingers broade, weate it well in the Betauie water, and laie it to poure fore heade colde. Let the cloth being weate come round aboute the heade, and tie it fast, and in three or foure times thus doing, it will helpe ther: and when the cloth is dryen, weate it againe.

A medicine to cleanse or purge the heade.

Take the Pellitorie of Spaine, and chur the roote in your mouche three daies at times, and it shall doe awaye the ache and fasten the teeth in the gummies.

A medicine for the payne in the heade.

Take a Rose cake, cut it in the lenger and breaddth of the foreheade, then sake Rose water and a lurger of like quantitie and as hotte as ye male suffer it, laie to the foreheade.

A medicine for winds in the heade.

Take

for the diseased

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Take a handfull of flowres of Carnemell, and halfe a handfull of powder of Commin, and mingle them together, and make two bagges of the breadche of your eares and laie them thereunto.

For the headache.

Take the iuice of Rēwe, and put it in the nostrilles, for it getteth out the steame and clenseth the brayne: the hearbe sodden in wine doth the same.

For the megrime or headache.

Take foure or five Nutmegs, and pare and slice them as you woulde pare and slice Ginger thime, then make two litle bagges of linnen clothe, of the length of your finger, and putte in the Nutmegges, then take a quantite of pure rende Rose water and laie your bagges in the same water in a dishe, vpon a chalingdishe of coles and make them hot, and laie them to the temples of your heade.

A medicine for the megrime truely proued.

Take halfe an vnce of Pepper, two Nutmegs, half a quarter of an vnce of Graines, one pinte of Vineger, and a handfull of Rosemarie, and boyle altogether, betwixte twoo Platters vpon a chalingdishe of Coales, and then take a clothe and putte it ouer your heade, and holde your heade close ouer it till it be boyled well neare at a waie and by Gods grace it helpeth.

For

For the megrime.

Take five leaved Grassie, and Poprell that is called Saint Marie hearbe, even porcions of these two, and Betonie as muche as of bothe the other, and beate all these in a moster, and take the iuice of them, and putte to the same iuice as muche Pale butter as the quantite of the iuice, and there of make an oynment, and annoynt therewith the patients browes when hee goeth to bedde.

Another for the same.

Take Vole Armoniacke, Sanguis Dragonis, and Terra sigillat, of each like quantite, and beate them in powder, then to make a playster take Flaxe and laie it vpon a russet paper, as broade as you will haue your playster, and take the cleare of an Egge and laie it vpon the Flaxe, then take the foresaid powder and cast it on that side of the playster that shall lie nere your heade, and put one folde of russet paper or els of linnen betweene your heade and the medicine, or els it will cleme: keep fore to the heare of your heade, and this medicine is sure and well proued.

A good medicine for the megrime.

Take Leather vnseasoned so broade as your foreheade and in length from temple to temple, rase the same Leather but not thorough, there vpon laie the Dyle of the white of an Egge; then take of the Patients Sanguis Dragonis, beate it into powder, and scatter the same vpon

pon the oyle thynly, and this doen late it vppon the fore-
heade, not taking it a waie till it be readie to fall awaie of
it selfe.

A medicine for the blacke Jaunders.

Take Wheaten strawe, and late it abynde vppon a
saire flower in a close house, and putte in Geese and
watche when they doung and take it vpp hole, and with
a knife scrape of the white that is aboute the doung, till
you haue a quantitie thereof, then drie it in an Olen and
make powder thereof, and thinke it morning and evening
in Ale warmed, and that will cure bothe the blacke and
pellowe Jaunders.

*An other medicine for the
blacke jaunde.*

Take the herbe Ambros, Beronie, Bugwort, of each
of them a handefull, of Senecioe halfe a handefull,
and three or foure Docke rootes cleane washed and scrap-
ed, and stampe all these together in a mortar, till they be
indifferent small beaten, then take Spicknell, Turme-
racke and Galigarie, of each of them like quantitie and
stampe them likewise in a mortar, then putte the herbes
in a cleane linnen cloath by them selues, and the Spices
by them selues, and tye them faste with stringes, and
hange them in a gallon or two of Ale when it is newe
and redie to bee tunned, after three or foure daies drinke
euery morning nexte your harte a good draught thereof,
and drinke or eate nothing twa or three houres after, and
doe so likewise when you goe to bedde, and no doubt, by
Gods grace it will helpe you.

*For the blacke launders. M. Anthony
Cox prisoner.*

TAke the gall of a Rauē and drie it, and grate into powder, take a quantite in a spoone, and temper the same with Beere or Ale together and drinke it fasting in the morning.

A medicine for the yellowe launders.

TAke a handfull of redde Metale croppes, and seethe them in a pinte of Ale, and drinke the same beynge strained thre or foure daies together.

Another for the same.

TAke harde Spanish Sope, a little stale Ale in a cuppe, and rubbe the Sope against the cuppe bottome till the Ale be white, and haue in Tuerie, and let the patient drinke thereof first and last till he be hole.

For the same.

TAke the Salernine leaues and putte them in your hose next your seete.

A remedie for the yellowe launders.

TAke a bigge Apple and cut the toupe so as it maie couer the Apple againe, and take out the core and putte into it some sweete Butter, and a good deale of Turmericke, and a pretie quantite of English Saffron, and roast it very tender, and let the sicke persone eate of it thre

for the diseased

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of southe morninges together, or more if neede be.

For the same.

Take a quartre of white wine, a greate handfull of
Salsendine leaues, and boyle them to a pintre: but in
the mornig, take the rootes and drinke thereof euening and
mornig warme.

For the Yella.

Take Bate salt, Ores, and Cammin, and drie all these
and make two bagges thereof, and as hotte as maie
bee suffered laie the one after an other to the plowe or
erowne of the heade, and so vse it a good while.

For the same.

Take sharpe Leuen, and bate Salte vpon it to lode, and
put it to the puella and it will helpe.

A very good medicine for an itche.

Take Docke rootes, and beate them and brise them,
and drie them with freshe Butter, and annoint the
pattent with the salue, and in fine by fye times drinkeing it
will helpe you.

*To make one seeme young long, to purge
the winds, and cleare the sight.*

Make powder of Fenell, Annise, and Cucumpane,
and temper them with Aqua-vire, and drinke them a-
gaine,

Thy.

gaine, and eate a quantitie therof euening and morning.

To make a whay laxative.

Take a pinte and a halfe of clarified Wheye, halfe an ounce of Scemeie, a grote worth of Anniseedes halfe a handfull of Doppes, Burrage, Buglas, of each halfe a handfull, and a litle Fumetorie, and seeth all these in clarified Wheye untill it bee halfe consumed, and drinke it two morninges.

A good plaster for festred legges that haue a long sore

Take Marsh, and wilde Tansie, Plantaine, and the great Boyrell, Honie, and the white of an Egge, and milke of a Cowe that is of one colour, and Barly flower, and thicke all these together, and braise the hearbes in a mortar, and after that mingle the rest with the bearded.

For the stopping in the liner.

Take the broth of a Chickin, of Mercurie, and Succorie halfe a handfull, and a fewe greate Rensons, and picke out the stones, and let all these boyle together, then take a fewe bitter Almondes and blaunche them and beate them, and with the same licoure make Almonde milke, and so vse to drinke it euery morning first.

Another for the same.

Takeadder rootes, boyle them in half a pint of Ale, and let it seeth to a draught, and lette him drinke it in the

the morning fasting twice in a weeke.

For the same.

TAke Turpentine of Venice, to the quantitie of a Beane, and put it into a spoone, and holde it over the fire till it doe melte, then putte thereto a litle white Sugar, and let hym eate it euery daie fasting.

For the same.

TAke greate greene Capers, and laie them in Cargis, five or sixe daies, and then wryng them out of the Cargis, and put a prettie quantitie therof in a sawcer, and put vnto them Sirope of Vineger, and eate them an houre before dinner, and an houre before supper.

*For heate in the Liuer or drynesse
in the bandes.*

TAke a quantitie of Strawburie water stilled, see the therein a quantitie of Liuerwoyze, and drinke it with as muche Sirope of Pines.

For the heate of the Liuer.

TAke Sanders, and good strong vineger, and heate them hott, then take Scarlet in graine and dippe it in the same and so laie it to the spoone of the breast on the right side.

For the Plurisie.

A. liij.

Take

Take Brookelline, Sheepes fetter, and a little sayre water, and frie them together in a fryng panne, and make thereof a playster, and laie to the patients side, and it will drawe out the corruption,

For the pluresie or stich,

Take Aqua vite, and Capons grease, boyle them together and dippe therein blacke Woolle, and laie it hotte to the stomacke, and that will ease the stich.

For the Lungen,

Take the Lungen of a Fore and drye it to powder, and put a quarter of a sponesfull into a little Almon miske or broath, and eat it, and it is very good to preserve the lungen.

*For the pricking of a thorne or needle in a ioynt
and the hole be stopped againe.*

Take fine boulded flower of Wheate, and temper it, with white Wine, and boyle it together untill it bee thicke, and laie it on the soye as hotte as he maie suffer it, and that shall open the hole and drawe out the venome or filth and ease the aching, and heale and close it up againe, and for lacke of white Wine ye maie take Ale or Beere, and this medicine is good to heale a Byle, Whitch, or Clinck.

An easie purgation,

Take a pinte of white Wine, and one vnce of Seene, and a good handfull of the Reasons of the Sunne, the stones

stones being taken oute; and halfe a spoonefull of Aniseedes, putte all these into the saied white Wine a whole night, and the next morning boyle it to a draught, and so let the persone drinke it bloud warme, and if you will, you maie put therevnto thre or foure rootes of Polipodium of the Dke.

An easie purgation.

Take two pounde of Figges, and putte them in a gallon of fine wyte of Barly malte, putte thereto two vnces of the powder of Licoriz, and an vnce of Sugar: when the Figges are boyled, brate them small in a mortar, and brate them through a strainer, and let boyle againe, and caste thereto a pinte of the best Oyle of Oliffe, when it is well cooled, an vnce of Reasones of Coyrans, and eate this with light brade.

*A plaster to be laied to the side
that the Melte is in.*

Take a good quantitie of new Wheate branne, as muche Aniseedes and beate them small in a mortar, then in a paine mingle them with Vineger vpon the fire till it be like a platter, then putte it in a linnen bagge of two handefulles long, and one handfull broade, and make it thicke, and warme laie it to the side where the Melte is, and role it fast, and in the morning take it awaie, and then wash the side with his owne water and drinke againe, vse this thre or foure nightes.

For the Morpheue.

Take

TAke and drinke Eleet water nine daies, thre spoone-
fulles, and every daie looke that ye sweate, then take
thre or foure Oke Apples, and laie them in white vine-
ger foure and twentie houres, and then washe the bodie
with the vineger and it helpeth.

A medicine for the Morphew.

TAke the iuice of Salendine, and mingle it with pow-
der of Brynestone, and late it where the Morphew
is, all colde.

For the Morphew white or blacke.

TAke Betanie, Harttonge, Sage, Plantine, red Fe-
nell, Water cresses, of euery of them one handfull, of
herbe Benet half a handfull, of the leaues of Cleaine an
vnce, and still these, and drinke every daie fasting thereof
foure spoonefulls, and washe an houre after vpon it.

A water to cense the mouth and

to fasten the teeth.
TAke Sage, and Woodbine leaues, of each a handfull
a good spoonefull of Potarie, a peece of Alum as big
as a good Malnucte, boyle all these together in a quartre
of running water to a pinte, and washe the mouth with
this water luke warme thre or foure times in the daie.

For to destroy a Ring worme.

TAke a red Docke roote, and let the roote bee pared,
and when it is pared, laie it in Vineger till it be well
steeped,

for the diseased.

or

steeped, and then rubbe it ^{on the ring worme,} and
if it bee very rancke, take powder of Mustons, and save
it in Vinegar, and temper them well together, and then
rub well the ring worme withall, and it shall destroye it.

*A medicine to kill a Tetter or Ringworme,
or any kinde of Itch.*

Take the Salter oile, and Salte tempered together, and
being luke warme, annointe the sores;

*A restorative, which divers notable men have
used, and it hath prolonged their life.*

They take a pounde of cappe Dates, cleane picked,
and the stones taken out, and caused them to bee sod-
den in a pinte of Ruscadine, till the wine was some deale
consumed, and keepe it in a glasse, and thereof did put in
their Portage, three or fouer spoonfulls at once, when
they did eate any broche every meale.

*To heale the vessel which in Nature
is called the Urth, if it be broken.*

Take the Duckes, or Capelles of Acornes, wiled and
beaten to powder, take a spoonfull and drinke it in the
Mornyng with a little warme Ale, and lye in your bedde
an hower or two after.

For the Palsy.

Take a handfull of Sage, a handfull of Southerne-
wood, a handfull of Spike, a handfull of Lander, a
gallon of runnyng water, and boyle all these together till
it come to a pinte and a halfe, then straine it, and putte
it into a Stone Cuisse, and take every tyme thereof, the
or fouer, or five spoonfulls in a saucer luke warme, and

R. s.

gargle

gargle it in your mouth: and so, and after that it gut,
and in like manner put powder in fine spoonfulls in a saucer
like warme, and so chase that part of the bovie, that
is pained with the Palsey, with a Spounge dipped in the
saied water.

Another for the same.

Take powder of Pepper, and powder of Bellatorie of
Spain, and powder of Juice of che an Vine, and powder
of Sage two Unces, & use this powder in the potage.

For lamenesse in the side coming by palsey.

Make a bathe of Sage and Tlopp, and boile a great
quantity of them together in running water, and
bathe the side that is sore with it, and binde the
herbes to it, as hotte as you may well suffer it.

*A medicine very good especially for those that
be taken with the palsey, & brought
the shaking Palsey.*

Take the blood of a Fore, warme as it cometh from
the Fore, the blood aboute the harte is beste, but all
the reste is good, and with this blood al to chase the place
that is taken; and then take the Name of the Fore, and
put the rawe side in bed where the Palsey is, and it muste
lye to it at the least one or two dayes, and in the meane time
till you can get a Fore, chase the numbed place with oile
Olive, *Aqua composita*, this medicine of the Fore is spe-
ciall good for the Palsey, and hath been well moved.

*A medicine for the Palsey, & shaking
the shaking Palsey.*

Take Sage leaves, and Primrose leaves, and if it bee
Winter, take Primrose rootes, and then beate the
Sage and the Primrose leaves together, of che like
much

much, and strain it with stale Ale, and giue it to the sicke to drinke a good quantitie, this is well proued.

For the same.

Take Sage, and drie it betwene two warme Tiles, and laye it to the nape of the necke, and binde it to the pteakes of bothe the armes, then take a Rattennegge and slice it thinne, and laye one slice aboue the tongue, and an other vnder the tongue, and so as often as you will, and by the grace of God it shal be muche good, the necke and throat to be noulted with oile of Spike, or water of Spike.

A medicine for the Palsy.

Take Camender, Spike, and Sage, and still them and drinke thereof a good quantitie euery Morning being warme, richer in Ale another wise. Take also Sage, and Beconie, and put thein betwene two plshes, vpon a chafingdishe of coales, and sprinkle thein with good Saluolap, and so applye thein warme to the nape of the necke, and the wrestles of the haundes.

A medicine for the piles.

Take the beades of the heuere of violetto Trekes, and walsh thein cleane, and take a quantitie of running water, and seeth thein therein till chei bee some what tender, then drie thein well in a Linnen clothe, stampe them as small as you can, then take a good peece of freshe Butter, and boile them therein, vpon a chafingdishe of coles, and put in a good quantitie of English Saffron, and boile them together, and when it is well boyled, straine it through a faire clothe into a glasse, and keepe it, and when you will occupie it, and make a plaster thereof vppon a Linnen clothe, and laye it cold to the greese.

R.ij.

To

To stanche bleeding of the piles.

DRinke the iuice of Gilletoile, for that is proued,
also doe thereinto the powder of burnte Garlicke
and the piles shall dye.

To destroye the piles.

TAke Oile of Roses, and Frankensence, and Honte,
and make an ointment of them, and put it in wih the
finger into the fundamente, and put thereunto Spyrte,
and often annointe the fundamente therewith, and let the
breathe thereof goe vp into the fundamente.

A true medicine for the piles.

TAke blacke Wooles and blacke Sope, and binde it
thereto.

To make a Salve to bryng wounds that rancke,

and take into their own kinde, and seale it.

TAke the iuice of Smalage, and of Plantaine like
much, take Honte and the white of an Egge like
much, and put to the butted flower of Alheate,
and stirre them well together untill they be thicke, and
let it come nere no fire, but all adde and raise it to
the foze, and it shall cleanse the wounde, and cease the
chyng, and bryng it to his kinde, and heale the wounde
saire, for this is a principall salve.

For a wounde that is over healed,

and sore underneath.

TAke Barley meale, the white of an Egge, and Ho-
ne, and meddle them together, and make a plaitter
therewith, and applie it to the soze, and it helpeth.

A plaster for a greene wounde.

Take

Take flower and Pilke, and seeth them together till it bee thicke, then take the white of an Egge, and beate them together, and laye it to the wounde, and it will keepe it from ranchlyng.

To make Milomiret, to cure any greene wounde, or vncome, or others, whatsoener thei bee.

Firste take twoo pounde of Roseme, halfe a pounde of Ware, halfe a pounde of Frankensence, a quarterne of a pounde of Sheepes sewet clarified, putte them in a saite Panne, then take a pottle of the iuice of Pilloner, bolle these aforesaid stufte with a softe fire till thei bee molten, and stirre them a prette while, then put thereunto the iuice of your Pilloner, and stirre them till thei bee colde, and lette them stande a daie or twoo, then melte it again with a soft fire, and when it is molten, put therevnto a pinte of redde Wine, and stirre it till it bee colde, that you maie woozke it with your hand, and make it vp in roules.

A water to cure all maner woundes and sores, bee thei neuer so sore and stinking, and all maner of Cankers in the nose, mouthe, throte, or wher soeuer.

Take a handfull of red Sage, a handfull of Sallendine, and as muche Woodbine flowers, with the leaues, take a gallon of running water, and putte the hearbes in it, and let the boile to a pottle, then straine the through a strainer, and take the licour and set it ouer the fire againe, then put therevnto a pint of English Honie, a good handfull of roche Alome finely beaten, a pentwozthe of Graines grossly brused, and let them boile altogether, the or fower waimes, and then let the scomme bee taken of with a feather, and when it is colde, put it in a pearthen pot, or bottle, so as it maie bee kept close, and

for a greene wounde, take of the thinnest of the same water, and for an olde soze of the thickest, the water beeyng firste well shaken together: and after that you haue cleansed the old soze with white Wine, take a quantitie of fine Linte, and the same beeyng well wetted in the saied water, doe you there with often tymes lache your wounde, and with the saied Linte in the ende couer the wounde, and if there bee any holes in the saied wounde, fill them with Linte, made tente wise, and so after couer the whole wounde with a peece of a bladder, the more better to continue your Lint in moisture, dresse your wounde twice a daie, in the mornynge, and in the euenynge, and it helpeth.

*A medicine or drinke for hym that is
bruse in the beelly or coddee.*

Take a knucke of Aleale, a pottle of white Wine, half an ounce of Gace, half so many Dates, half a pounce of reason of the Sunne, a handfull of Cumfrey, a handfull *Polipodium*, alias Earne of an Oke, a handfull of Sparokynge, alias Knotwort, take all these and put them in an earthen pot, and set on a Kettle of water of five gallons, and set the earthen pot in the water, & stop it with paist very close, and let the Kettle be kept seethyng fine on fire howers, with the earthen pot therein, and keepe the Kettle still full, with other seethyng water, then take all these, and beate them in a mortar, and straine it, and giue the patient of the licour thereof, bothe firste and laste.

For the toothe ache,

Take a pinte of white Wine, halfe a handfull of Lauender Cotton, and seeth them together, till the wine bee halfe spent, then put into it half a spoonefull of Baie Salte, then lette it seeth a little, then take a spoonefull of that licour, and put it in that side that the paine is in, and keepe

for the diseased.

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keepe it in thy mouth, and then put an other spoonefull,
so one after an other, and it will helpe thee.

A good drinke to put out the small

Poxe or pimples.

Make a posset of Ale with Hylke, and the curde
beyng taken of, take redde Fenell the quanti-
tie of a spoonefull, and the same beyng sodde to-
gether with the Ale straine it, and put thereto the quan-
tity of a Nutmegge, of fine Triacle, a quantitie of Set-
wall, & a quantitie of English Saffron, beyng well min-
gled together, and geve it the patient to drinke warme.

A present remedie for an Ague.

Take twoo vnces of Pale Salt, twoo vnces of white
Frankensence, and a handfull of Smallage, beaten
altogether, and laye it to the wrestles of your handes, or to
the boughes of your armes, twoo howers before the
fitte doe come, proued.

For the same.

Take twoo or thre cloues of Garlick and bruse them,
and a pentwothe of Aqua vita, halfe a pinte of Ale,
and seeth them together, and drinke it a little before the
course of fite come, as hotte as you maie.

For the Collicke.

Take Gromell seede, Parsely seede, and Annisteedes,
of eche twoo spoonefulls, greene Fenell one hande-
full, one Parsely roote, one Radishe roote, of eche as long
as a finger, vnlesse Tym one handfull, one handfull of
Philipendula, and a handfull of Cheristones, washe all
these and bruse them, and stampe them very small, boile
all these in twoo quartes of white Wine, in an yrethen
pot close, till a pinte be consumed, then let it run through

a Linen

a Linnen clothe of it self without straining; and drinke it Morning and Euening.

For the windie Collicke.

TAke a quart of Ale clarified, twoo spoonefull of the flower of Liquoras, one spoonfull of the flower of Annisseedes, half a spoonfull of brused Fenell seedes, a little Tyme, and seeth them together till a pint of the ale be consumed, and so drinke it first and last.

For the Collicke and Stone.

TAke a handfull of Auens, a handfull of Pellitorie of the wall, and as much Camomell as will lye in the palme of your hand, and a spoonfull of Barley sear brused a litle, make a posset of Remish wine, take of the curd and boile all these together in the drinke, till the substance bee boiled out, then vse it morning and euening.

For a paine in the side that commeth of wind.

TAke a handfull of Cumminseede, an other of Annisseede, and twoo of Rewe, seeth all these together in running water, from a pottle to a quart, put to it halfe a pinte of white Vineger, before it bee colde, dip a sponge in it, and wryping out the licour somewhat, and laye it to the patientes side, as hotte as he can suffer it, and when it becometh to waie colde, take a newe.

To remove a disease from the stomacke.

Drinke a quantitie of Dragon water, or water Imperiall, mingled with Triacle, or Methedatum.

For them that doe cast vp their meate by reason of weaknesse of the stomacke.

TAke the nether crust of hounne bread, drye it well and leasurely at the fire, then keepe it directly in stronge Vineger

vineger a little while, take it out and spreade vpon the powder of Cloues, warme it againe, and tie it aboute the mouth of the stomacke, and the vomite will cease.

*A drinke for cleansing the stomacke, to be taken
like warme in the morning.*

TAke Ylop, Rosemarie and Thyme, of each two crops, and put them in a pinte of Ale, with a perie quantitie of Sugar, and lette them boyle till the strengthe is in them, then drinke thereof two houres before meate.

*A drinke to auoide the steame out of the stomacke,
so make it easier to come vp, you may take
of it a spoonefull or two, continually when you neede.*

TAke eight spoonefulls of Rosewater, foure spoonefulls, of Conduit water, and two spoonefulls of white Vineger, halfe a quarterne of white Sugar, boyle all these in a pozinger, vpon a chafingdishe of Coles, and skumme it cleane, and then drinke it like warme.

*A remedie against the Plague was sent to the Lord
Mayre of London from King Henrie
the eighth.*

TAke a handfull of Sage, a handfull of hearse Grace, a handfull of Elder leaues, a handfull of red Bramble leaues, stampe them all, and straine them through a fine cloath with a quart of white Wine, and then take a quantitie of Ginger, and mingle them together, and so take a spoonefull of the same and you shall be safe for four and twentieth daies, and so being nine times taken shall be sufficient for al the whole yeare by the grace of God. And if it be so that the partie be striken with the plague before he hath dronke of this medicine, then take the water of

L. J.

Scabious

Scabious a spoonefull, and water of Beatoine a spoonefull, and a quantitie of fine Treacle, and putte them altogether, and cause him to drinke it, and it shall put oute all the venome. If it fortune the botch to appeare, then take the leaues of Brambles, Elder leaues, Gusterde seede, and stampe them altogether, and make a playster thereof, and laie it to the soie, and it shall drawe out the venome, and the partie shall be hole by the grace of God.

Another for the same.

Take a handefull of Soprell, a handefull of Burnet, a handefull of Sage, a quantitie of Dragons, as much of the croppes as of the rootes, then washe them well and putte them in a pottle of running water, and iee the them to a quarte: then sette them by the fire, and straine them through a linnen cloath, and putte in some Sugar Candie to delate the bitterneesse of the hearbes, and giue the patiente to drinke nine spoonefulles at one tyme before the purples doe appeare, and if the botche doe arise and breake he shall live: proued.

To cause one to sleepe.

Take a spoonefull of pure Rose water, as much of vinegar, two spoonefulles of the oyle of Roses, halfe a handefull of Rose leaues made in powder, mingle them altogether, and take crommes of leuened breaue made of Wheate, and make a playster thereof, and laie it over the foreheade and temples.

For a sore throte.

Take Columbines and Sinske soyle, and stame them bothe together, and straine them with milke, and drinke it very warme.

For the hickop.

Take

For the fed.

An oyle of Lillic
and ieymes.

annoynt the sickmans bodie

For a Canker in the mouth.

TAke a flower de luse roote, washe it and slice it, and a
few leaues of Penne royall, laie them in Greepe in
Cauditt water, and so wash your mouth with the water.

For a laste.

TAke an Egge, and Aqua composita, and boyle it
with the Egge till it bee drie, then take Sumanum
Sugar, and eate with the Egge.

A medicine very precious called Flos vnguentorum,
goe all manner of maladies, that is to witte, against
all sores and woundes, against all manner impostumes
in the head or bodie, against headache, singing in the
braine, or boyling in the harte, shrinking of Synowes, it
draweth out any thorne or broken bone, and all manner
of ache out of the Limbe, Spine or Lungs, it helpeth the
Hemeroides, and is very good to make a soare clorb for
all quites, aches, and pestilent barches, and therefore
this troit is worthely called Flos vnguentorum.

TAke Rosine and Pierre, of eche halfe a pounce, of
virgine Glace and Frankensence, of eche a quar-
ter of a pounce, of Balsicke an ounce, of Hartes se-
wet a quarter of a pounce, a quarter of a pound of Cam-
fer, and two dragmes, melte that is to bee melted, and
pare that is to bee pared, and searge it, boile thein ouer
the fire, and straine them through a clothe, into a pottle of
white Wine, then boile the Wine with all the other me-
dicines together, then let it coole, till it be no hotter than
bloud warme, then put thereunto a quantitie of Turpen-
tine, ever stirring it untill it bee colde; but ever beware
that

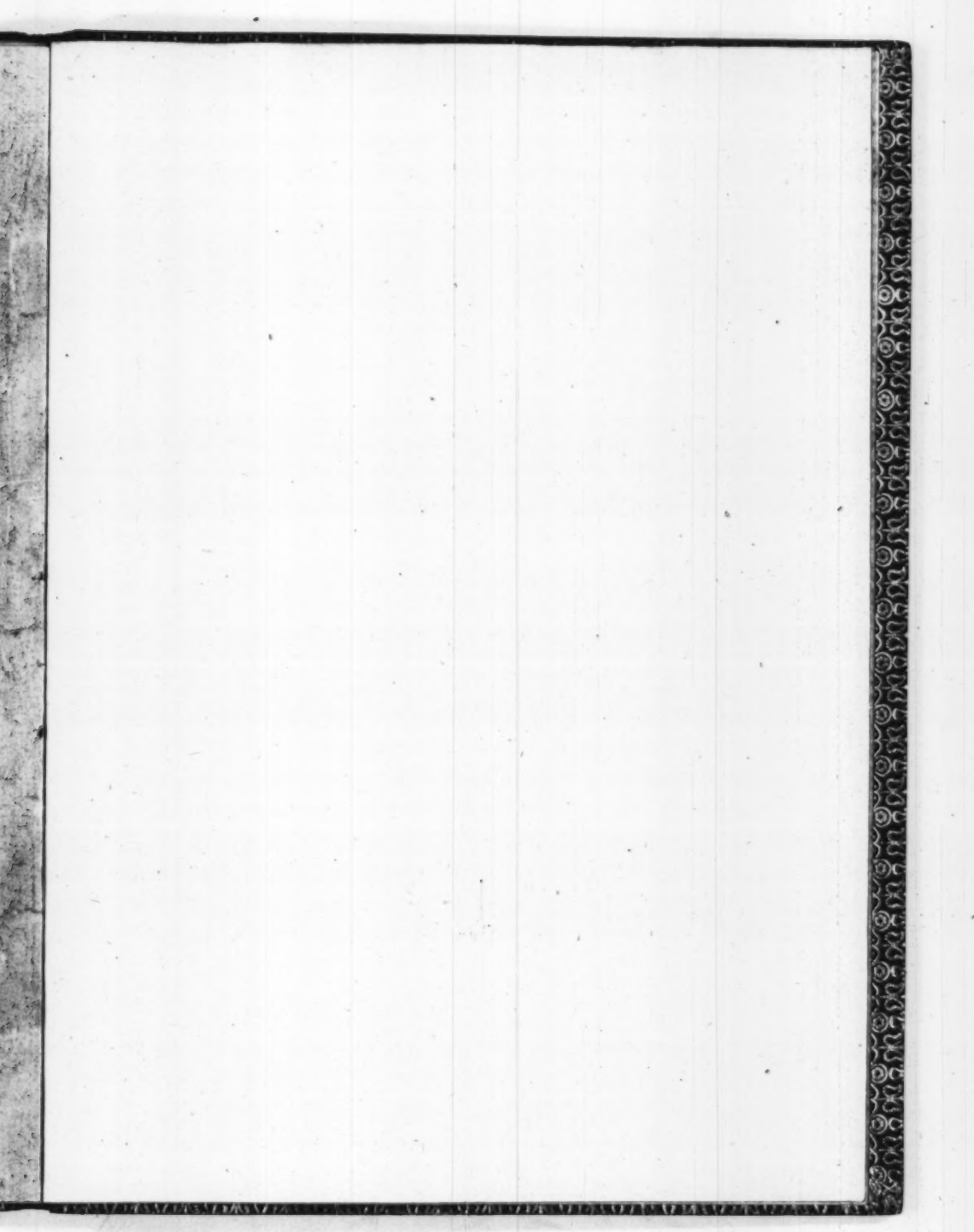
egg your stulle bee no hotter then blood warme, when
you putte to your Turpentine, & els it marreth all your
it, and make it up in roules, and keepe it to your vse,
and when you will occupie it, plaster wise to your grief.

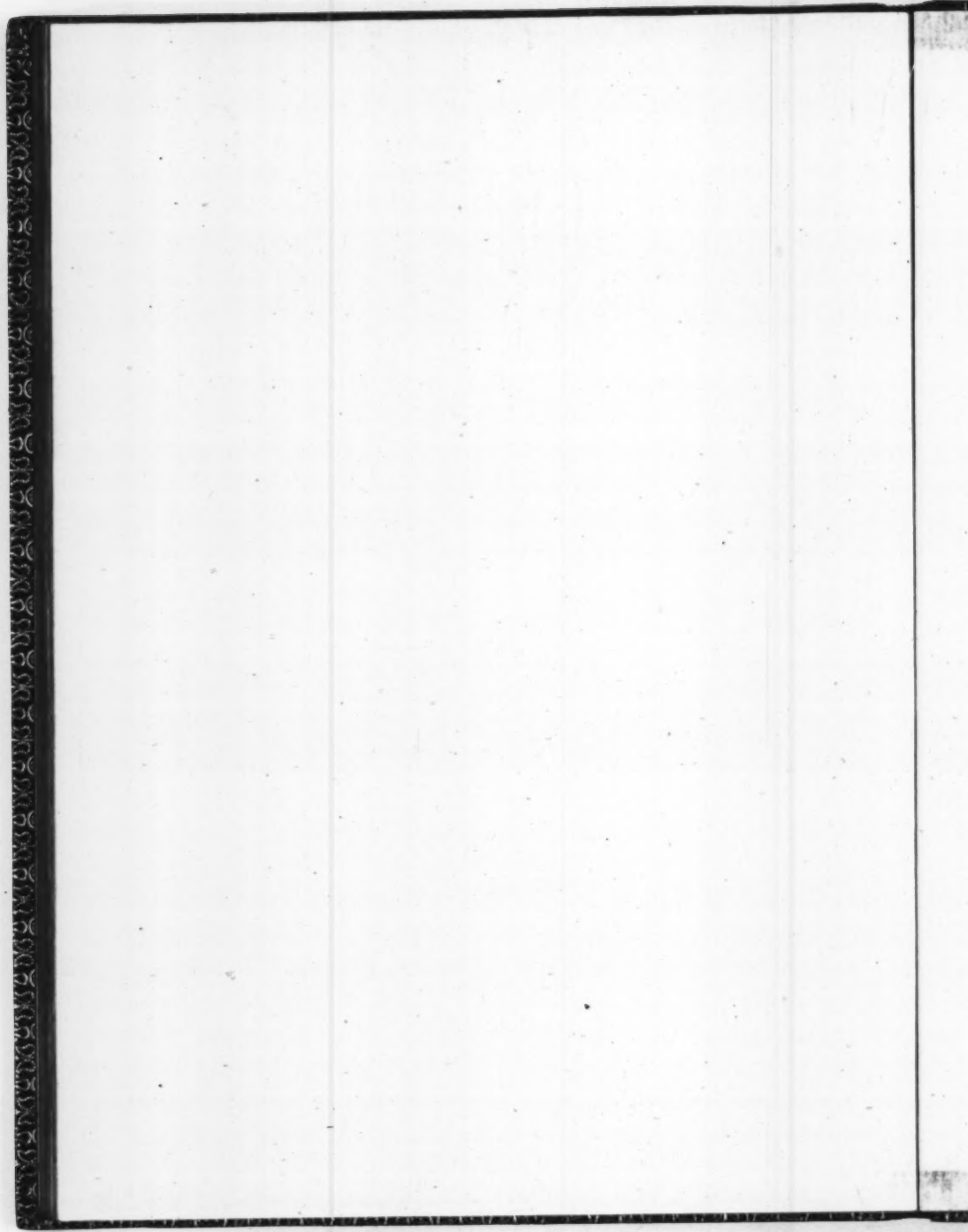
*To make the blacke salbe, that cureth all old
sores and vicers, bee thei neuer so
greate, soule, and stinking.*

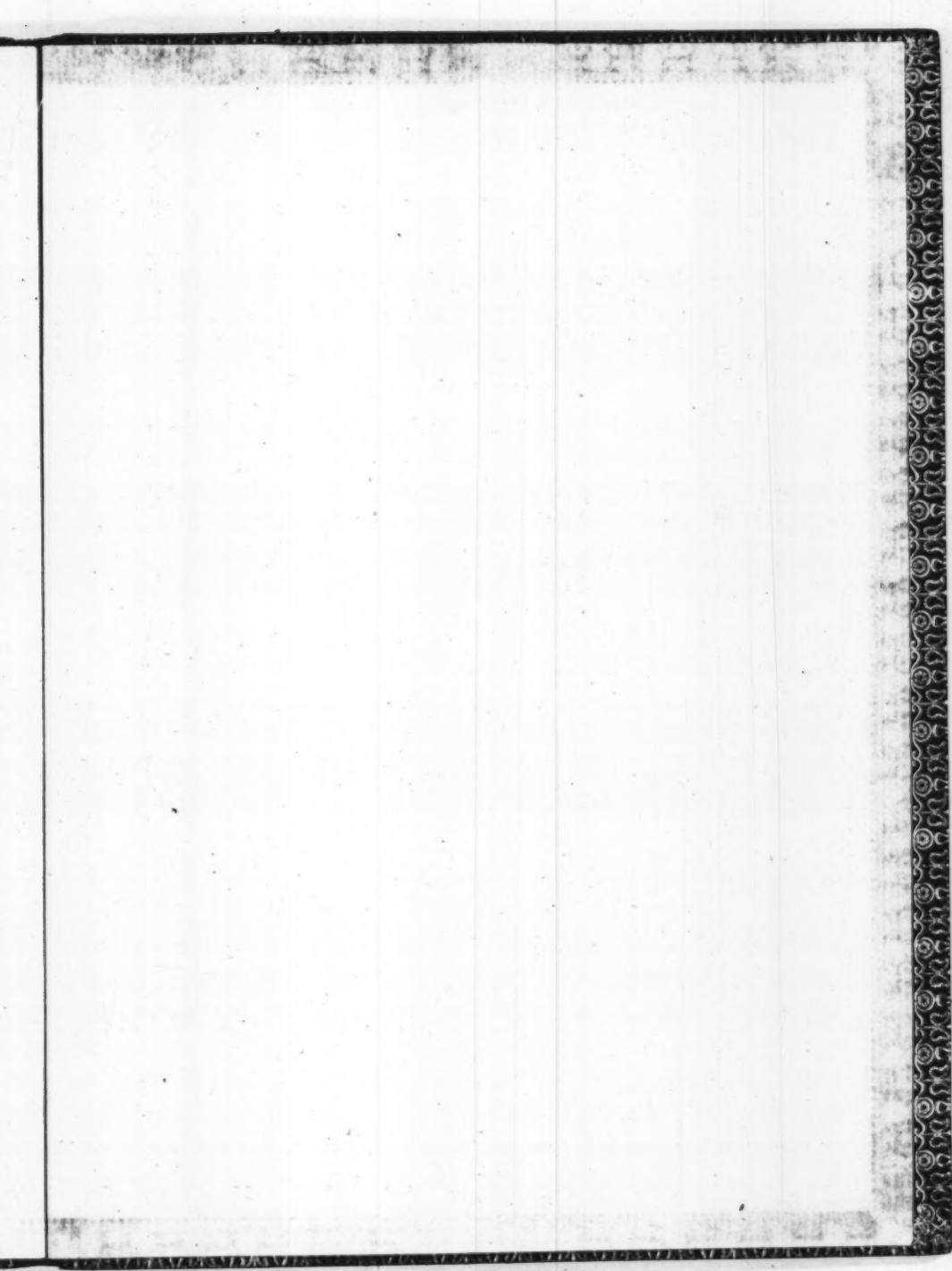
Take a gallon of stale Ale, beying very strong, two
handfulls of Woodbine leaues, halfe a hand. ll
of redde seedes of Fenicles, as much Colewortes
with the ragged leaues, halfe a pounce of redde Dillons,
halfe a pounce of Carlike pillen, a pounce of vult. Lee-
kes, a litle Calfeull or handfull of the powder of a rotten
poise, of an Oke is beste, let these bee stamped small in a
morter, severally by them selves, put them into the Ale
with halfe a pounce of roche Alooe, then let them ouer a
softe fire, let them boile till the one parte or more, be boi-
ed awaye, then let them stand thre or fouer daies, but
first strain them through a cleane clothe, into a cleane ves-
sell, then putte to them halfe a pounce of Caloe, halfe a
pounce of Rosine, halfe a pounce of the Maruell that is
greene, a quantitie of fine White, then let it ouer a softe
fire againe, and let them boile till the one halfe be
consumed, then put it into a cleane pearthen

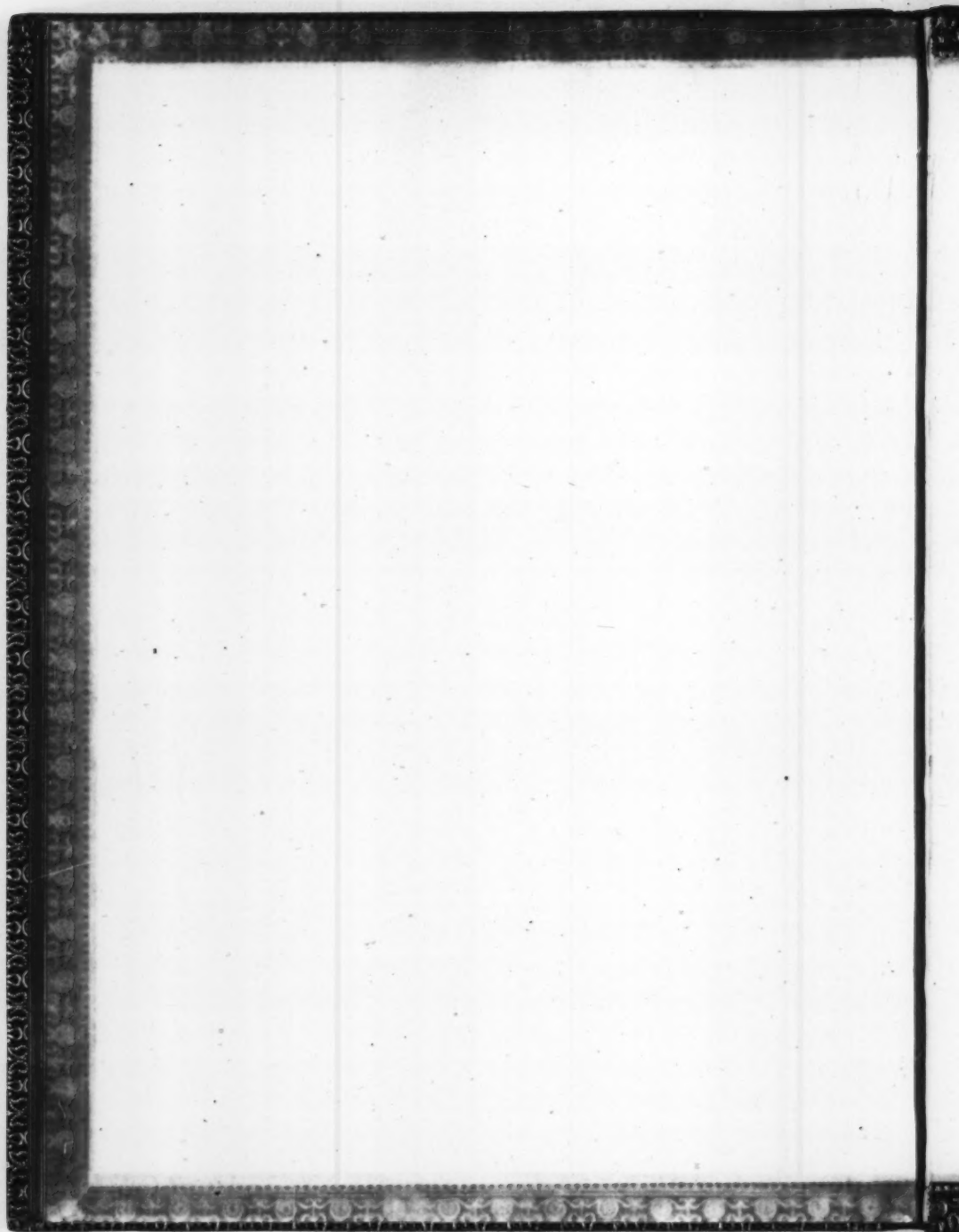
potte, and stoppe it very close, and
use thereof when you
have occasion.

FINIS.









Math 1214

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x

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